



# Pepin Pacer

Pepin County 4-H Newsletter



Extension

UNIVERSITY OF WISCONSIN-MADISON  
PEPIN COUNTY

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## February, 2022

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<http://wi.4honline.com/>

Dear 4-H Families and Friends:

Its mid-winter already and we are all starting to think about spring and the summer 4-H events to come! You will want to read this issue of the Pepin Pacer to make sure you do not miss an event that you would like to partake in. Club meetings and getting involved in club activities is an important part of the 4-H Program. Meeting are where education activities are discussed and promoted, and its' a chance to ask any questions that you may have about them. Parent should attend meetings too, because that helps with communication and makes sure your child doesn't miss events that would enhance his or her 4-H experience. Here are some more ideas about club meetings:

### 10 Ways to Make Sure Your Club Succeeds!

1. Attend all club meetings with your children.
2. Arrive early and help the club prepare for the meeting.
3. Express your pleasure about being able to take an active part in the meeting and to be able to help the club.
4. Praise the officers and other 4-H leaders in front of your family and other club members.
5. Cheerfully volunteer to accept responsibility in the club.
6. By your example of enthusiasm, help others to support the club's programs and activities.
7. Welcome visitors and help them feel a part of our club.
8. Share in discussion on club matters and give your support.
9. Support your children's leaders and ask them how you can help your children with work at home.
10. Thank your 4-H leaders when they care enough to call or contact you.

Mentoring new families and members can also strengthen a 4-H Club as well as help them learn more about the 4-H program and its many opportunities. Thanks to all the adult volunteers who work so hard for our kids!

Source: Polk County Newsletter



Extension  
UNIVERSITY OF WISCONSIN-MADISON



Pepin County 4-H Youth Development

Every month we will hide a special symbol somewhere in that **month's Pacer**. If you are the first person to call (715) 672-5214 or email ([gwen.prom@wisc.edu](mailto:gwen.prom@wisc.edu)) the Extension Pepin County and tell us where that symbol is found you will win \$5 and be named in **next month's Pepin Pacer as the "4-H Fast Finder"**.

Good Luck Hunting!

**This is this month's symbol :**





**Chippewa 4-H Club**  
 Meets monthly on Sundays  
 Contact Club Leader for Information

**Lima Lads & Lassies 4-H Club**  
 Meets 3rd Sunday of the month.  
 1:00 p.m., Durand City Hall.



### **Pepin County 4-H Parent Leader Federation Annual Public Meeting**

The Pepin County 4-H Parent Leader Federation is pleased to announce that its 2021 Annual Public Meeting will be held February 1, 2022, beginning at 4:00 pm. Members of the public are invited to attend in-person or online via Zoom. If planning to attend in-person, please reserve a seat by contacting the Extension Office at (715) 672-5214 , space is limited. All participants of Extension programs are expected to follow local public health guidelines. Please see the Extension Pepin County website at <https://pepin.extension.wisc.edu/> for the Agenda and Zoom access information.

### **Pepin County 4-H Parent/ Leader Federation Meeting February 1, 2022 Following Annual Public Meeting Government Center, Board Rm #108, Durand**

ALL Pepin County 4-H Parents, Leaders, and Youth Leaders you are welcome to attend the Parent/ Leaders Federation Meetings. Decisions are made at these meetings which affect all members and parents within our 4-H organization. Meetings are held in February, April, June, August, October and December, normally held at the Extension Office in Durand.

Take part in determining how the money raised is spent and what activities Pepin County 4-Hers will participate in. Your voice will be heard.



4-H Fast Finder for the Month:  
 WENDY BRANTNER  
 Congratulations for being our  
 4-H Fast Finder this month!  
 We hope you enjoy the  
 Pepin Pacer !

## LIMA LADS AND LASSIES 4-H CLUB

**The January meeting for the Lima Lads and Lassies was all about outdoor fun! We met at the hill at Tarrent Park with sleds in tow. We had some fresh snow that fell that morning and temps were in the 20's so it was a perfect day to flop down on a sled and see how far you could slide!! Nicholas chose to start way up next to the pool and pick up speed from both hills and he definitely went the farthest every time and was lucky enough to miss the tree at the bottom every time. Corrina and Jacey rode double for double the fun! It was a great day to be outside and enjoying the nice weather.**



*Corrina and Jacey riding double.*



*Back - Mara, Isabella, Elizabeth and Hannah.  
Front - Jodi, Corrina, Jacey, Leah and Nicholas*

### The Making of Friends by Edgar A. Guest

If nobody smiles, and nobody cheered,  
And nobody helped us along-  
If each, every minute, looked after himself,  
And the good things all went to the strong-

If nobody cared, just a little for you,  
And nobody cared for me,  
And we all stood alone, in the battle of life,  
What a dreary old world it would be.

Life is sweet just because of the friends we have made  
And the things which in common we share.  
We want to live on, not because of ourselves  
But because of the people who care.

**It's giving and doing for somebody else  
On that all life's depends  
And the joy of the world, when we've summed it all up,  
Is found in the making of friends.**



# Buffalo – Pepin County 4-H Festival of Arts

February 6, 2022

Alma Area School

1:00pm – 3:00pm

**Deadline for entry is January 28, 2022**



To register, go to: <https://forms.gle/Xpa4fSUmgKhfAjBc9> Please register if you plan to attend.

If you have multiple entries, select multiple check boxes and indicate titles in the text box below.

Communication arts format will be evaluated by a qualified judge for premium with Danish judging.

The format for static exhibits (arts/crafts and photography) will be a NEW feedback from your fellow 4-H contestants (“4-H members’ choice award”). Those that are most recognized by peers present at the event will be awarded. There are no premiums for static exhibits at this event. Participation ribbons will be available. Watch for more information and guidelines soon.

**4-H PROJECT POP-UP**

"POP" into the 4-H Project Pop-up at the 4-H Festival of Arts and learn the craft of making an embedded candle. Create a take home project. Please bring a container, all other supplies will be provided.



## *Embedded Heart Container Candles*

**February 6, 2022  
Alma Area School  
1:00-3:00pm**



No Cost to 4-H Members  
\$3 for non-4-H members and adults

## 4-H American Spirit Experience

**Highlighted Location(s):**

- Maumee, Ohio
- Philadelphia, Pennsylvania
- New York City, New York
- Boston, Massachusetts
- Lexington/Concord, Massachusetts
- Gloucester, Massachusetts
- Niagara Falls, New York



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**Dates:** June 3-12, 10-19 or 17-26, 2022

Experience history & heritage by immersing in a 10-day bus journey to the East Coast — Youth-led content throughout the experience — Increase knowledge of American history while experiencing where it occurred — Dynamic exposure to diverse cultural experiences and perspectives of our nations foundation.

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**Participant Eligibility:**

- All youth grades 8-10 (youth in 11th -12th grade eligible for 2022 dates ONLY)
- Pre-Registration in 4-H Online 2.0 open January 3-14, 2022. Youth and their parent/guardian must complete the online registration together; it includes several questions for the youth participant to answer!
- Each experience is limited to 44 youth, decisions about who is selected to travel are based on the following factors: first-come first serve registrants, # of youth per experience, full rooms by identified gender, ages of youth traveling together, eligibility to participate in future years
- Estimated Cost of Experience - \$1,650

**Pepin County 4-H eligible members can receive up to 50% funding for these trips. Contact Marie Ritscher, Pepin County 4-H Educator, ASAP at [marie.ritscher@wisc.edu](mailto:marie.ritscher@wisc.edu) or (715) 672-5214. In order to register for the event, log into your family 4-H Online account at <https://v2.4honline.com/> and register for the event.**

# HAPPY BIRTHDAY

**February 24 - Elizabeth Menting- Lima Lads and Lassies**

## 2022 Wisconsin 4-H Foundation Scholarship Applications Now Being Accepted



The Wisconsin 4-H Foundation will award more than \$15,000 in scholarships to outstanding Wisconsin 4-H members and alumni pursuing higher education in 2022. To be considered for financial support, applications must be received by the Wisconsin 4-H Foundation via email between December 1, 2021 and March 15, 2022.

Wisconsin 4-H Foundation scholarships are awarded to students based on demonstrated personal growth through 4-H, development and leadership in 4-H, academic performance, and future educational goals.

To be eligible for Wisconsin 4-H Foundation scholarships students must have been a Wisconsin 4-H member for at least three years; have a grade point average of at least 2.5 on a 4.0 scale and be enrolled or planning to enroll at a university, college, or technical school during the 2022-

2023 academic school year. Scholarship winners from previous years are not eligible to receive a second 4-H Foundation scholarship.

The application is a one-page cover letter and a one-page résumé, both of which give the 4-H youth a chance to share their 4-H achievements, as well as their future plans. Applicants are asked to treat this process as if applying for a job.

Cover letters and résumés must be submitted as one PDF document and emailed to [scholarships@wis4hfoundation.org](mailto:scholarships@wis4hfoundation.org).

For detailed information about what to include in and how to prepare the application documents, 4-H youth can visit [www.Wis4HFoundation.org/scholarships](http://www.Wis4HFoundation.org/scholarships).

A panel of experienced youth educators will screen the applications and select finalists. Applications chosen as finalists will be ranked by a second panel comprised of 4-H and youth development experts. The 4-H Foundation will assign available scholarships to the top-ranking applications based on scholarship criteria.

Applicants who are awarded scholarships will be notified by postal letter and email in May.



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P.O. Box 340  
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Wisconsin Towns Association  
**2022 SCHOLARSHIP PROGRAM**



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**WISCONSIN TOWNS ASSOCIATION**

*Empowering Town Officials*

Wisconsin Towns Association  
W7686 County Road MMM

Showano, Wisconsin 54166-6086  
715-526-3157  
[www.wisctowns.com](http://www.wisctowns.com)

## SCHOLARSHIP ESSAY REQUIREMENTS

1

Entrants must prepare an essay addressing the 2022 WTA Scholarship program topic.

**“What can Wisconsin’s leaders do to increase young adult interest in serving on a town board?”**

2

The typed (not handwritten) essay should be between 500 and 1,000 words and double spaced.

3

Essays must include a bibliographic listing of sources used.

4

The completed essay should be postmarked no later than May 27, 2022 and mailed to:

Wisconsin Towns Association  
W7686 County Road MMM  
Shawano, WI 54166-6086

Your thoughts — combined with your writing skill and creativity — can put you in line to receive one of seven scholarships.



Rural Mutual Insurance Company, Wisconsin Towns Association, and Scott Construction, Inc. are again offering the following scholarships to winners of an essay contest. Scholarships will be awarded on the following basis:

- Two (2) \$1,000 scholarships will be awarded, one each to the highest ranking boy and highest ranking girl from a town or village insured by Rural Mutual Insurance Company as of May 1, 2022.
- Five (5) \$1,000 scholarships will be awarded to the top five additional students.

### ADDITIONAL INFORMATION:

All applicants must graduate from a Wisconsin public or private high school in 2022 and plan to attend a Wisconsin public or private college or University in 2022.

- Essays will be judged independently on originality and subject matter in relationship to the topic. The essays must also contain correct spelling, grammar and punctuation.
- Judging will be completed by August 12, 2022.
- Recipients will be announced by August 26, 2022. Proof of enrollment in a Wisconsin public or private college is required to receive a scholarship.





## STEM Grab - N- Go Activities

The Wisconsin 4-H website has a wealth of resources and activities for the whole family. Interested in science? Check out the STEM Grab – n- Go Activities where you can explore science with common household materi-

als: <https://4h.extension.wisc.edu/4h-resources/stem-grab-n-go-activities-4-h-grows-scientists/>.

Looking for more learning resources? Find STEM project ideas AND dozens of other projects on a variety of topic areas on the Wisconsin 4-H Resource Library Data-

base: <https://4h.extension.wisc.edu/resources/resource-library/>.

### Yes, 4-H and Extension is open...to ALL people.

The University of Wisconsin-Madison Division of Extension non-discrimination policy is: Extension does not discriminate in the treatment of individuals in the admission or access to its programs and activities, in the provision of services, or services, or in employment.

Further, Extension will not participate with organizations or in activities which discriminate on the basis of any of the legally prohibited categories of discrimination, which are: race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status arrest or conviction record, or membership in the national guard, state defense force, or any other reserve component of the military service. Consistent with the Americans with Disabilities Act, persons who need materials in alternative format or other accommodations should write or call the Extension Office. Individuals who need TTY access should call 1-800-947-3529.



Join the Biotechnology Center every Wednesday night for Wednesday Nite @ The Lab! Each week features a speaker teaching about different science topics. These talks are available statewide and will be held on Zoom for the foreseeable future. Come join us!

See <https://science.wisc.edu/wednesday-nite-at-the-lab/> for the schedule of topics and [registration links!](#)

### **Badger Talks LIVE**

Badger Talks is pleased to present a LIVE series of talks on topics that intend to inspire, delight, and pleasantly distract in a time we are all needing positive experiences. Tune in to hear UW– Madison faculty and staff experts on a variety of interesting and engaging topics. Watch the live events here on [Facebook](#). Not able to watch the live talks? Watch previous Badger Talks LIVE events on Facebook or [YouTube](#).

**Tuesday, February 22, 3pm**  
**Maple Syrup in Wisconsin**  
**Jeremy Solin, Maple Syrup Project Manager**  
**for University of Wisconsin-Extension**



## Youth Opportunity (MINING: ESSENTIAL TO A SUSTAINABLE FUTURE)

4-H is partnering with the Society for Mining, Metallurgy & Exploration to offer a statewide program to introduce participants to mining. Youth in grades 5-8 are invited to participate. Registration is via 4-H online and open to 4-H youth and other youth participants.

This virtual, eight-session evening program for 5-8 grade youth introduces participants to mining, one of Wisconsin's most important industries, through a series of activities

that show how every-day aspects of the students lives are dependent on minerals and the career paths that provide them. Students will gain inter-disciplinary knowledge and enhanced STEAM exposure through guided instruction and experiential learning modes facilitated by industry professionals and project helpers. The curriculum is designed to recognize the impacts of mining from a social, cultural, and environmental perspective – but also show the students how to attain careers in these various professions that support the mining industry. A workbook and course materials will be provided at no cost to the participant. Begins Wednesday, January 12 from 6:30-7:30PM via Zoom and runs on the 2nd and 4th Wednesday of each month through April 20.

Connecting Minerals to Careers for the Youth of Wisconsin

Open to anyone in grades 5-8

# MINING: ESSENTIAL TO A SUSTAINABLE FUTURE 8 SESSIONS



WEDNESDAY, JAN 12TH | 6:30-7:30 PM  
Register at [wi.4honline.com](http://wi.4honline.com)

Meeting Dates:  
2nd & 4th Wednesday  
January 12th-April 20



UW-MADISON EXTENSION

Please spread the word about an exciting opportunity for youth leaders to come together to dialogue around social justice issues affecting their everyday lives. Social justice is the view that everyone deserves equal economic, political, and social rights and opportunities. This virtual spin club is designed for middle and high-school youth who want to navigate topics including social justice, leadership, racial equity, conflict resolution, service-learning, and more in a respectful and non-judgmental environment.

Link to apply: <https://go.illinois.edu/STTA>



**Standing Together  
Taking Action (STTA)  
4-H SPIN Club**

*Navigating Social Justice for Teens  
Social justice is the view that everyone deserves economic,  
political and social rights and opportunities.*

**A 7-PART  
VIRTUAL  
SERIES FOR  
YOUNG  
LEADERS AGES  
12 & OLDER**

**March 8 & 22  
April 5 & 19  
May 3 & 17  
June 7**

STTA Club meetings will  
be held from  
5:30 pm - 7:00 pm CST.

**TOPICS INCLUDE: LEADERSHIP, RACIAL EQUITY, CONFLICT  
RESOLUTION, SERVICE LEARNING & MORE!**

**APPLY BY FEBRUARY 21  
TO APPLY: [HTTPS://GO.ILLINOIS.EDU/STTA](https://go.illinois.edu/STTA)**

*EXPLORE SOCIAL JUSTICE IN A RESPECTFUL AND  
NON-JUDGEMENTAL ENVIRONMENT*

The National Youth Summit Series are immersive, three-day experiences where you dive into the issues, expand your career horizons and grow as a leader while working with and learning from other teens and experts with shared passions. The 2022 Healthy Living and Agri-Science Youth Summits are now open for registration and will take place in-person in the Washington, D.C. area.



### 2022 Healthy Living Summit

At the National Youth Summit on Healthy Living, high school students develop the knowledge and skills to address issues surrounding nutrition, physical fitness, wellness, and emotional well-being. Working alongside professionals in family consumer science and healthy living, students will create action plans they can implement in their communities to teach other youth about what they have learned.

### 2022 Agri-Science Summit

At the National 4-H Youth Summit on Agri-Science, high school students develop the skills and knowledge needed for the challenges facing agriculture, food security, and sustainability. Students will work with each other and experts in the agricultural community in this collaborative, hands-on educational setting.

See this link for more information: [https://4-h.org/parents/national-youth-summits/?utm\\_campaign=Summits21&utm\\_source=newsandnotes&utm\\_medium=email&utm\\_content=20211116&utm\\_term=&utm\\_variation=&cldee=Z3dlbi5wcm9tQHdpc2MuZWR1&recipientid=contact-5b6fad477415eb1190fa00155dcb3323-655c4f05c74c4432ae1e7d09db89ec56&esid=95b0bbb4-4b46-ec11-910d-00155dcb3680](https://4-h.org/parents/national-youth-summits/?utm_campaign=Summits21&utm_source=newsandnotes&utm_medium=email&utm_content=20211116&utm_term=&utm_variation=&cldee=Z3dlbi5wcm9tQHdpc2MuZWR1&recipientid=contact-5b6fad477415eb1190fa00155dcb3323-655c4f05c74c4432ae1e7d09db89ec56&esid=95b0bbb4-4b46-ec11-910d-00155dcb3680)



### OF COWS AND CHILDREN

Learn why breaking down cattle feed into smaller **sizes is important, but at the same time, why it's** critical to identify the appropriate particle size is important.

### SOLAR OVEN S'MORES

A STEM activity intended for 3-5 graders, kids will learn the basics of **solar energy to cook s'mores in a cardboard box!**



# **WI STATE 4-H HORSE VIRTUAL TRAINING**

## **Horse Project Policies, Concussion Protocol, and Planning a Horse Show**

**Feb. 9, 2022, 6:30pm**

**More information & registration  
information is located in the e-mail**



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON



**Join us : Feb. 9, 2022, 6:30pm**

**Virtual Zoom Session**

**Register by: February 7, 2021**

**Registration Link:** <https://uwmadison.zoom.us/meeting/register/tjltf-ysrj4tGtVOvi3q4zCyLPARX3kBW-C7>

After registering, you will receive a confirmation email containing information about joining the meeting. You will need to use the link provided in the confirmation e-mail to log-in and be part of the zoom. These links are specific to each registration.

**Have questions you would like us to answer about policies or the concussion protocol?** There is a question area in the registration form. If there is a topic or question you would like us to answer, please add it to the form. We will do our best to answer them and if we don't get to it, we will make sure that we get an answer to you after.

### **What is this training about?**

Are you a 4-H Horse Project volunteer, guardian, or older member that would like to find out more about the statewide 4-H horse project policies and concussion protocol? Have you always wanted to know more about planning a horse show?

Join us on February 9th and we will take a closer look at each of these topics. The first hour will cover the policies and protocols and the second half will be on planning a horse show. The registration link is listed above.

## 2022 Pre-Fair Market Animal Dates to Remember

Planning and preparations for the 2022 Buffalo County Fair in Affiliation with Pepin County are under way. Please note the following **important** dates that pertain to market animal project members.

Youth planning to participate in market animal projects at the Fair need to be actively enrolled in an approved youth organization like 4-H or FFA and in a market animal project **BEFORE** April 1, 2022 and **BEFORE** the weigh-in/tag dates.

### **Beef Weigh-in - February 12, 2022 (Snow Date: March 5, 2022)**

8:00 – 11:00 AM

NFO Livestock Market Center, Independence, WI

Pre-Register online by February 4, 2022 <https://forms.gle/KUeBPE8jYvS4ELNA7>



### **Sheep/Goat Weigh-in – April 30, 2022**

9:00 – 11:00 AM

**NEW LOCATION** – Buffalo County Fairgrounds, Mondovi, WI

Pre-Register online by April 22, 2022 <https://forms.gle/6BzrmULkmoJi7Lkq9>

### **Swine Tag Date – May 1, 2022**

All market swine must be tagged using the RFID tags provided by the Buffalo County Fair Association by May 1st. All market swine will be weighed on entry day of the Fair.

Tags must be requested online by April 15, 2022 <https://forms.gle/c48WdfePrkHoxtbY7>

### **Animal Identification in 4-H Online for All Animals (4-H members only) - May 1, 2022**

4-H exhibitors must identify/enter and activate all animals in 4-H Online, market and non-market animals by May 1<sup>st</sup>

### **YQCA (Youth for the Quality Care of Animals) in person Instructor-led trainings**

Spring 2022 (if circumstances allow), more details to come

Online training option currently available <https://yqca.learnrow.io/Account/Login>

YQCA requirement must be complete by July 1, 2022

## Second Educational Requirement

All meat animal exhibitors must attend one Second Educational Requirement session in addition to the YQCA training during the current project year. Following the session, the youth must complete a Second Educational Requirement Google Form by the Friday before the Fair begins.

<https://goo.gl/forms/HwJDXZNBd4BesxjB2>

The **Livestock Meeting**, held in early summer-date TBD, can be used to meet the Second Educational Requirement. More details to come, watch website and social media for more information

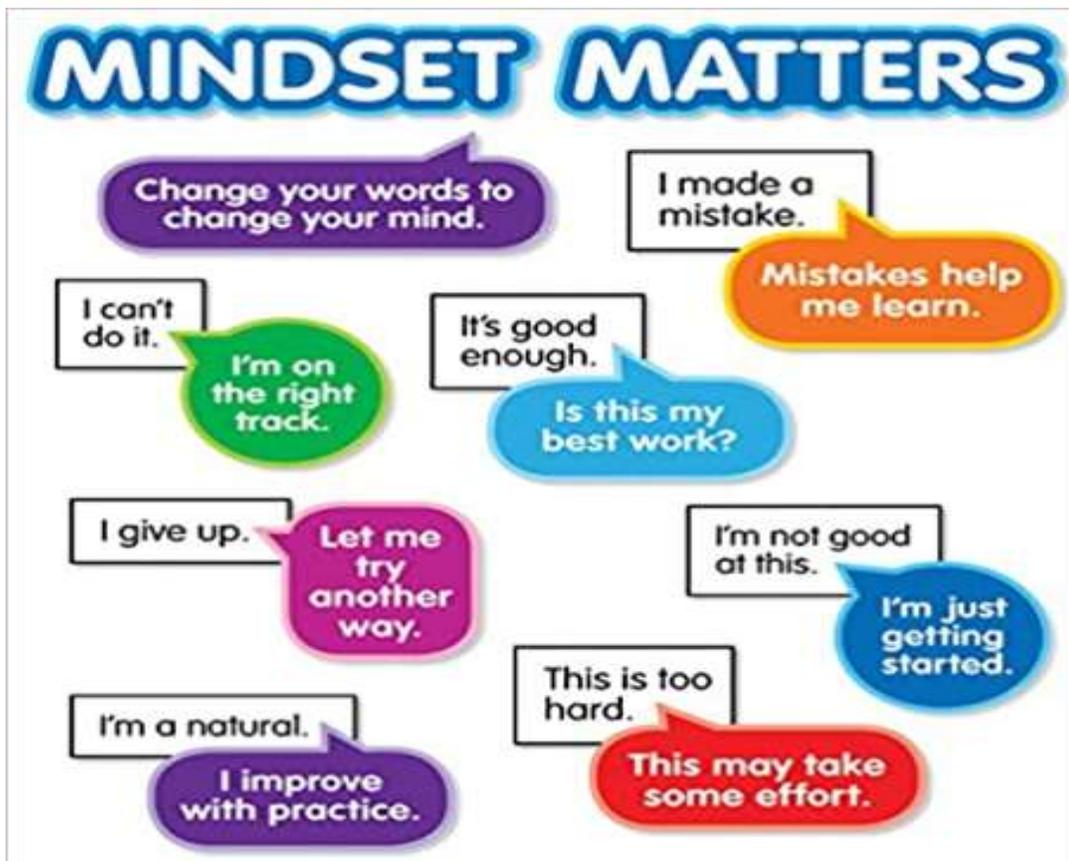
Please review Junior Fair Rules, Livestock Sale Rules and Fairbook Department Rules for other entry requirements. <https://buffalo.extension.wisc.edu/4hyd/4h/buffalocountyfair/>

Additional Market Animal information is available at:

<https://buffalo.extension.wisc.edu/4hyd/4h/member/meatanimal/>

Visit the Extension website for current postings and additional information

<https://buffalo.extension.wisc.edu/>



**A strong and positive mindset is essential to developing healthy self-esteem especially when facing challenges!**

A promotional poster for the Buffalo County Fair Beef Weigh-in. The background is red. At the top, a cyan banner contains the date "FEBRUARY 12, 2022". Below this is a large black silhouette of a cow facing right. The text "BUFFALO COUNTY FAIR" and "BEEF WEIGH-IN" is written in large white letters across the cow's body. Below the cow, the text "NFO LIVESTOCK MARKET CENTER INDEPENDENCE, WI" is written in white. At the bottom, a yellow banner contains the text "Online Pre-Registration Required to participate in this event by February 4, 2022" and the URL "https://forms.gle/KUeBPE8jYvS4ELNA7". On the left of the yellow banner is a green four-leaf clover with white 'H's, and on the right is the FFA logo.

The 2022 County Fair Beef Weigh-in date is set.

Youth planning to participate in market animal projects at the Fair need to be actively enrolled in an approved youth organization like 4-H or FFA and in a market animal project **BEFORE** April 1, 2022 and **BEFORE** the weigh-in/tag dates.

Pre-registration is required in order make a weigh-in schedule.

**Beef Weigh-in – February 12, 2022** (Snow Date: March 5, 2022)  
8:00 – 11:00 AM  
NFO Livestock Market Center, Independence, WI

Required pre-registration online no later than by **February 4, 2022** <https://forms.gle/KUeBPE8jYvS4ELNA7>

## Animal Sciences Education Series Announced for 2022

The Wisconsin Youth Livestock Program (WYLP) is excited to offer LIVE Virtual Zoom educational programs for the spring of 2022.

These sessions will provide awareness and knowledge of challenge areas in animal agriculture.

February 10 – Grand Challenge: Precision Agriculture

March 10 – Grand Challenge: Food Safety Pork Carcass Evaluation, Fabrication and Cooking with Pork

April 14 – Grand Challenge: Land and Water

May 12 – Grand Challenge: Biomedical Advancements

For registration and details about each presentation go to: <https://go.wisc.edu/tnq61h>. These programs are approved to meet the Buffalo County Meat Animal Second Educational requirement. Please complete the [online form](#) at end of the presentation.

For more information, visit <https://go.wisc.edu/tnq61h> or go to the Wisconsin Youth Livestock Program Website – <https://youthanimalsciences.wisc.edu/> and <https://livestock.extension.wisc.edu/programs/wisconsin-youth-livestock/>

## [Animal Sciences Education Series Announced for 2022 – Wisconsin 4-H](#)

**Wisconsin 4-H has over 8,500 volunteers who serve as mentors for 4-H youth. They help provide a safe, engaging place for youth to take risks, practice their independence and master new skills. Research shows there are many benefits to being involved in 4-H. 4-H youth are:**

**4X**

more likely to make contributions to their communities

**2X**

more likely to be civically active

**2X**

more likely to participate in out-of-school science programs

**2X**

more likely to make healthier choices



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**WISCONSIN  
BEEF QUALITY  
ASSURANCE  
CERTIFICATION**

ATTEND AN IN-  
PERSON TRAINING OR  
COMPLETE ONLINE AT:  
**www.bqa.org**



**Register for an in-person session:**

**<https://tinyurl.com/2hr5karf>**

\*Please RSVP seven days before an event



UW-Madison's Division of Extension and Wisconsin Beef Council will be hosting a set schedule of in-person Beef Quality Assurance (BQA) certification meetings over the coming months. In-person sessions are intended for those who cannot complete the online certification available by going to <https://www.bqa.org/> and clicking on 'Certification'. Farmers are encouraged not to wait until the last minute to earn BQA certification or to recertify, as it is better that a current certification overlaps rather than expires. BQA certification is valid for three years, so producers who certified in 2018-2019 will need to be recertified.

To attend the in-person meetings, farmers should register 7 days before the meeting date as attendance may be limited based on location capacity and to follow any COVID guidelines in place at that time. Walk-ins may be allowed. Due to limited capacity, it is encouraged that one individual per farm attend the in-person meetings. The individual attending the meeting will hold the BQA certification; family members and employees are covered by that certification when it is filed with the market(s). It is each individuals' responsibility to share certification details with markets.

To register for an in-person session, go to <https://tinyurl.com/2hr5karf> \*Note that for all Extension meetings, masks and social distancing may be required. Individuals not willing to comply will be asked to leave.



There are three different contests about livestock where you can use your knowledge about the animal species (beef, sheep, swine, meat goat) and the industry.

Livestock Quiz Bowl: Livestock Bowl is a quiz competition where all the questions are about beef, sheep, swine, and meat goat topics. Students use a buzzer to answer the questions (similar to the game show Jeopardy). Teams compete in a double elimination format by giving oral answers to questions posed by a moderator. Each match has both an individual and toss-up question round. The top team earns the opportunity to compete at the national competition.

Livestock Skill-a-thon: Everything you know about raising your animal adds up to so much knowledge of the species and the industry. The Skill-a-thon contest will help you challenge you to share that information through a written quiz and learning stations such as breed identification, feed identification, equipment identification as well as some team activities such as demonstrating evaluation skills. The top team earns the opportunity to compete at the national competition.

Meats Judging Contest: Have you been to your local meat market or grocery store lately and think you could choose the best cut of meat out of the case? Have you ever watched a live animal contest and thought you could choose what animals would provide the best meat products? This is your opportunity to put those skills to work. This contest tests the knowledge of youth in the placement of carcass and retail cut classes, carcass grading, retail cut identification, and a quiz. Top teams earn the opportunity to compete at regional and national competitions.

Who can participate? Any current 4-H members ages 8-18. Please note, there are age divisions for each of those contests. For more information and registration check out this link: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/livestock-quiz-bowl-skillathon-contest/>



**SAVE THE DATES—More information coming soon.**

**4-H Livestock Quiz Bowl and Skillathon – Saturday, April 9th  
Location: UW Madison Campus**

**4-H Meats Judging – Saturday, April 30th  
Location: \*New\* Meat Science and Animal Biologics Discovery Building, UW Madison  
Campus**

## Fur, Fin, Feather: Teaching Show



Youth are invited to participate in our upcoming **Fur, Fin, Feather: Teaching Show**, slated for **Saturday, April 30th** at the **Barney Center in Sparta, WI**. This show is unique in the aspect that it focuses on teaching and learning. For rabbits and poultry, there will be an all breed show, and showmanship competition. For rabbits, there will also be a breed judging class/giving reasons. The judges for these shows will slow down classes and work with youth to give them advice and teach them more about their animals/showmanship skills and how to improve.

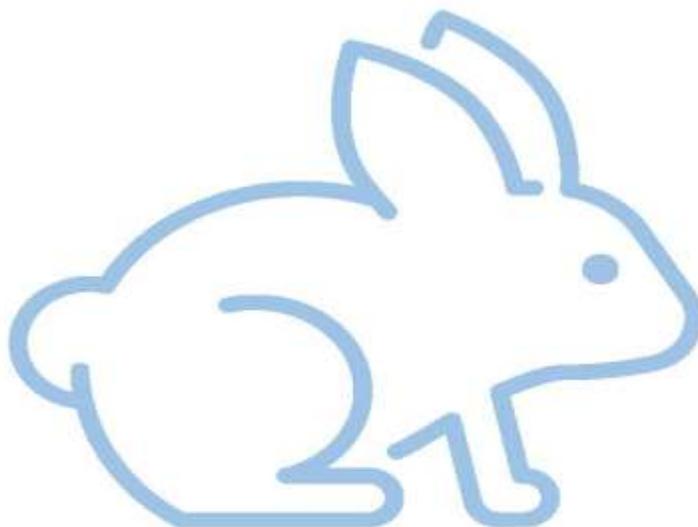
In addition, there will also be a small pet and cat show (no dogs or livestock). This is an opportunity for youth to present their small pets to a judge, answer their questions about their care, management, and relationship with their animal and receive a participation certificate/award.

Finally, there will be a photography and poster show, along with an educational poster session, and an opportunity to complete a service project (making cat toys to be donated to local shelters). There is so much to do at the Teaching Show! It is open to Cloverbud-13th grade, however, Cloverbuds will be under some restrictions. For applications and full set of rules/instructions, please visit the show bill found here: <https://vernon.extension.wisc.edu/files/2022/01/Fur-Fin-Feather-Show-Bill.pdf>

The online entry form can be found here: <https://forms.gle/w291Udd3PC4fsCiz8>

Finally, there will be some virtual pre-teaching sessions on rabbit and poultry showmanship for youth that are beginning or would like a refresher. Families can register for those sessions on 4HOnline. Rabbit Showmanship is slated for February 22 and poultry showmanship is on March 15th, both at 7:00 p.m.

2022 Neillsville Rabbit Fun Show  
April 30, 2022  
Clark County Fairgrounds,  
1121 E. Division St,  
Neillsville, WI 54456



Registration by 8:30 a.m.  
Show starts at 9 a.m.

15 and under \$.50 per rabbit  
16 and up \$1.00 per rabbit  
Costume contest is \$2.00

All Ages Welcome. **All Breeds Welcome**, even a Crossbred Class

Awards will be given.

50/50 raffle and silent auction

Show Animals will be on Auction

Please RSVP on Facebook on the Neillsville Rabbit Fun Show page by March 1, 2022.

# WHY YOU SHOULD CONSIDER BEING A MENTAL HEALTH FIRST AIDER



On average

**123**

people die by suicide each day

**1 in 5**

people live with a mental health condition



**Mental Health First Aid** teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

**Sign up for a FREE Adult Mental Health First Aid Training at <https://wirose.wisc.edu/community-programming/>**

## Virtual Adult Mental Health First Aid

First Aiders will complete a 2-hour, self-paced online class, and then participate in a 6-hour, Instructor-led Zoom Meeting.

### Upcoming Trainings

All trainings start at 9am and end at 3:30pm

- [Feb 4, 2022](#)
- [Feb 22, 2022](#)
- [March 11, 2022](#)



**Extension**

UNIVERSITY OF WISCONSIN-MADISON



# WHY YOU SHOULD CONSIDER BEING A YOUTH MENTAL HEALTH FIRST AIDER

**59.4%**

of Wisconsin Youth  
have experienced depression, anxiety,  
self-harm or suicidal ideation in the past  
12 months

**1 in 5**

Youth live with  
a mental health condition



**Youth Mental Health First Aid** is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people.

**Sign up for a FREE Youth Mental Health First Aid Training**  
at <https://wirose.wisc.edu/community-programming/>

## Virtual Youth Mental Health First Aid

First Aiders will complete a 2-hour, self-paced online class, and then participate in an Instructor-led Zoom Meeting. Limited to 20 adults.

## Upcoming Trainings

All trainings start at 9:00am and end at 3:00 pm

- Feb 3, 2022
- March 11, 2022

## Who should be trained?

- Teachers
- School staff
- Coaches
- Camp counselors
- Youth group leaders
- Parents
- People who work with youth



Trainings are offered through the Wisconsin Rural Opioid and Stimulant Engagement (WIROSE), funded by SAMHSA to address opioid and stimulant prevention, intervention, and recovery. WIROSE is a project of the Extension Health and Well-being Institute. An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements



# Activity Page

