





Edited by Marie L.B. Ritscher

April, 2022

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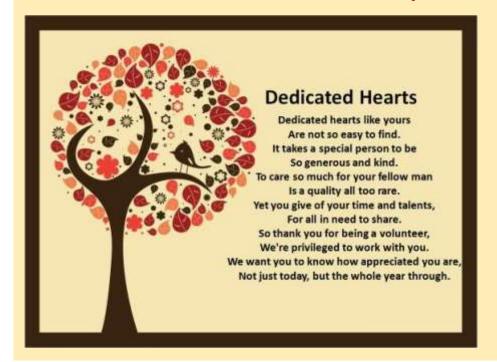
Extension Pepin County website:

http://pepin.extension.edu/

4-H Online:

http://wi.4honline.com/

April 17-23, 2022 is National Volunteer Week take a few moments to think about the volunteers that impact your life and recognize their efforts. In order for us to become our very best many dedicated volunteer may not always know the outcomes of their labor. 4-H Leaders will probably never know what finally happened to those they met and helped. Without their dedication and enthusiasm, we would not be the same. In addition to 4-H Leaders, there are many other volunteers that work in our communities too. The following poem speaks to volunteers who are so influential in our lives. Thanks so much for all you do!!







Marie Los Ritscher

Pepin County 4-H Youth Development

Every month we will hide a special symbol somewhere in that month's Pacer. If you are the first person to call (715) 672-5214 or email (gwen.prom@wisc.edu) the Extension Pepin County and tell us where that symbol is found you will win \$5 and be named

in next month's Pepin Pacer as the "4-H Fast Finder".

Good Luck Hunting! This is this month's symbol: Page 2 Pepin Pacer



Chippewa 4-H Club

Meets monthly on Sundays
Contact Club Leader for Information





Lima Lads & Lassies 4-H Club Meets 3rd Sunday of the month. 1:00 p.m., Durand City Hall.

Pepin County 4-H Parent/ Leader Federation Meeting April 4, 2022 4:00 pm Government Center, Board Rm #108, Durand

ALL Pepin County 4-H Parents, Leaders, and Youth Leaders you are welcome to attend the Parent/Leaders Federation Meetings. Decisions are made at these meetings which affect all members and parents within our 4-H organization. Meetings are held in February, April, June, August, October and December, normally held at the Extension Office in Durand.

Take part in determining how the money raised is spent and what activities Pepin County 4-Hers will participate in. Your voice will be heard.

Yes, 4-H and Extension is open...to ALL people.

The University of Wisconsin-Madison Division of Extension non-discrimination policy is: Extension does not discriminate in the treatment of individuals in the admission or access to its programs and activities, in the provision of services, or services, or in employment.

Further, Extension will not participate with organizations or in activities which discriminate on the basis of any of the legally prohibited categories of discrimination, which are: race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status arrest or conviction record, or membership in the national guard, state defense force, or any other reserve component of the military service. Consistent with the Americans with Disabilities Act, persons who need materials in alternative format or other accommodations should write or call the Extension Office. Individuals who need TTY access should call 1-800-947-3529.



4-H Fast Finder for the Month:

DEBBIE BAUER

Congratulations for being our 4-H Fast Finder this month! We hope you enjoy the Pepin Pacer! Page 3 Pepin Pacer

CHIPPEWA 4-H CLUB



In February the Chippewa Club went to Badlands Snow Park in Hudson. They enjoyed an afternoon of tubing and spending time with their friends. This is a group photo of the club members and their friends that were there that day.

This picture is our 8th Grade club members and their friends.

In March the Chippewa Club held a meeting at the school in Pepin. After holding a meeting, the club members used their creativity to make unique Leprechaun Traps. Items such as boxes, plates, chocolates, fruity cereal, gold ribbon, green cups, and colored hot glue with glitter were used to make these amazing traps! The members were super creative and had a wonderful time making these fun traps.



This is the club members with their final versions of their Leprechaun Traps.

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LIMA LADS AND LASSIES 4-H CLUB

Community service activities are very important to our 4-H club. Spring is here which means Easter is just around the corner. Our club purchased 50 Easter baskets and enough candy to fill them. We also got books, frisbees and bubbles to tuck in the basket with the candy. After all the baskets were filled they were tucked into a gift bag and tied with a ribbon. The baskets will be donated to the Durand Food Pantry this week. If you are in need of an Easter basket for your child please stop in to the food pantry to get one.



50 Easter baskets being donated to the Durand Food Pantry.



Baskets include either a book, frisbee or bubbles along with lots of candy.





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LIMA LADS AND LASSIES 4-H CLUB



Photos: Corrina, Jodi and Briar are creating masterpiece eggs; Grocery bags to use for Earth Day; Club members showing off their works of art; Easter eggs that Nick and Leah painted; Kristen's egg looks very delicate.

The Lima Lads and Lassies held their monthly meeting on Sunday March 27 at the Durand City Hall community room. Michelle and Elizabeth brought a craft for us to do inspired by an Ukrainian Easter egg. She supplies us with various colored plastic eggs, painters and several tools to use to apply the paint. She showed us pictures of Pysanky eggs to inspire us to decorate our own eggs. It was a challenge just to simply hold on to the egg as we painted them and having a small surface to create intimate designs. It was a lot of fun!! While waited for the paint to dry we decorated grocery bags from Durand Fresh Market to honor Earth Day and remind people to take care of the precious environment we live in. Next we had our business meeting. We discussed working at Music in the Park, doing something for dairy promotion, decorating Memorial Park for Christmas, and getting ready for the fair. We are always looking for new families to join our club.

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WISCONSIN TOWNS ASSOCIATION

Empowering Town Official Wisconsin Towns Association W7686 County Road MMM

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PROGRAM Milital

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SCHOLARSHIP ESSAY REQUIREMENTS



Entrants must prepare an essay addressing the 2022 WTA Scholarship program topic.

"What can Wisconsin's leaders do to increase young adult interest in serving on a town board?"



The typed (not handwritten) essay should be between 500 and 1,000 words and double spaced.



Essays must include a bibliographic listing of sources used.



The completed essay should be postmarked no later than May 27, 2022 and mailed to:

Wisconsin Towns Association W7686 County Road MMM Shawano, WI 54166-6086



Rural Mutual Insurance Company, Wisconsin Towns Association, and Scott Construction, Inc. are again offering the following scholarships to winners of an essay contest. Scholarships will be awarded on the following basis:



Five (5) \$1,000 scholarships will be awarded to the top five additional students.

ADDITIONAL INFORMATION:

All applicants must graduate from a Wisconsin public or private high school in 2022 and plan to attend a Wisconsin public or private college or University in 2022.

- Essays will be judged independently on originality and subject matter in relationship to the topic. The essays must also contain correct spelling, grammar and punctuation.
- Judging will be completed by August 12, 2022.
- Recipients will be announced by August 26, 2022.

 Proof of enrollment in a Wisconsin public or private college is required to receive a scholarship.







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4-H Wants YOU to be YOU

The Challenge

We're excited to learn about what is important to YOU in this new challenge. We hope you'll help us by designing a shirt for Chris Clover so we can share with everyone else!

Here's more information:

<u>Design Contest Poster (PDF)</u> Design Contest Poster (digital)

Here's what to do:

1. Download the Chris Clover shirt template from the options below, or if you want to create your own or free draw, please do!

PDF Printable

Digital Graphic (PNG Transparent)

Digital Graphic (PNG white)

Digital Graphic (Adobe Illustrator editable)

- 2. Create your shirt about a cause, project, history, anything important to you.
- 3. Write about your shirt and any information or resources you have that will help others learn.
- 4. Submit your design at http://bit.ly/wi4hmovementpic

We can't wait to learn about what is important to you! For more information about Chris Clover and The Wisconsin 4-H Movement, please visit http://cc.wi4h.org.

Designs must uphold the values of Wisconsin 4-H and may need to be edited to fit the Chris Clover design. By submitting a design, you agree for it to be used on social media and for promotional and educational purposes.



Join the Biotechnology Center every Wednesday night for Wednesday Nite @ The Lab! Each week features a speaker teaching about different science topics. These talks are available statewide and will be held on Zoom for the foreseeable future. Come join us!

See https://science.wisc.edu/wednesday-nite-at-the-lab/ for the schedule of topics and registration links.

Badger Talks is pleased to present a LIVE series of talks on topics that intend to inspire, delight, and pleasantly distract in a time we are all needing positive experiences. Tune in to hear experts on a variety of interesting and engaging topics. For more information see:

BADGER TALKS

https://badgertalks.wisc.edu/badger-talks-live/

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The National Youth Summit Series are immersive, three-day experiences where you dive into the issues, expand your career horizons and grow as a leader while working with and learning from other teens and experts with shared passions. The 2022 Healthy Living Summit is now open for registration and will take place in-person in the Washington, D.C. area.

2022 Healthy Living Summit

At the National Youth Summit on Healthy Living, high school students develop the knowledge and skills to address issues surrounding nutrition, physical fitness, wellness, and emotional well-being. Working alongside professionals in family consumer science and healthy living, students will create action plans they can implement in their communities to teach other youth about what they have learned. Registration Deadline is April 4, 2022.

CLICK HERE FOR MORE INFORMATION.

Thank you to Jim and Nicole Schonke for continuing to provide outstanding leadership to the 4-H Air Rifle Program. Our efforts to educate the Buffalo/Pepin County youth would not be possible without your assistance!



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Winner and Finalists of Cedar Crest Ice Cream Flavor Creation Contest Announced

Cedar Crest Ice Cream, Cedarburg, Wisconsin, and the Wisconsin 4-H Foundation announce the winner and finalists of the 2021 Cedar Crest Ice Cream Flavor Creation Contest. The finalists will receive a Cedar Crest Ice Cream party, and the Grand Prize winner will have an ice cream party and will be awarded \$500. They are:

Grand Prize Winner

Flavor: Haystack

Knellsville 4-H Club, Ozaukee County (Grafton, WI), Leader: Jan Dommer

Finalists

Flavor: Cow Pie

Dalton Doers 4-H Club, Green Lake County (Dalton, WI), Leader: Brenda Oft

Flavor: Brewster Rooster

Middle Inlet Moonshiners 4-H Club, Marinette County (Crivitz, WI), Leader: Suzanne Deschane

Flavor: Rabbit Snacks

Naugart Knights 4-H Club, Marathon County (Athens, WI), Leader: Martha Luckey

Flavor: Sweet & Salty Dreams

Rockland 4-H Club, Brown County (De Pere, WI), Leader: Mary VanDyck

The winning flavor, Haystack, features vanilla ice cream with layers of peanuts, caramel and crunch candies. For complete descriptions of the winning entry and the finalists, please visit https://wis4hfoundation.org/cedar-crest-ice-cream-flavor-creation-contest/

According to Brenda Scheider, Executive Director of the Wisconsin 4-H Foundation, the contest is a great opportunity for 4-H youth to work together to develop and name their flavor. "The most exciting part of the contest is the winning flavor will be available this summer."

The annual contest has already yielded popular flavors including Wisconsin Campfire S'more created by Springbrook 4-H Club of New Richmond; Deep Woods, created by the Badger Boosters 4-H Club of West Bend; and Deep Space, developed by the Baraboo Valley 4-H Club.

Says Cedar Crest Ice Cream President, Ken Kohlwey, "We are proud to support the Wisconsin 4-H organization through our annual flavor contest. The project requires collaboration, teamwork and creativity to create the next best ice cream flavor. Every year we look forward to reading the entries that come in and sharing the winning flavor with our customers."

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Experience. Learn. Make a Difference!

We have summer internship opportunities for dedicated and motivated individuals! We are looking for candidates who have a passion for agriculture, enjoy working with exhibitors, want to learn how to organize competitions and livestock shows, plus experience the best 11 days of summer at Wisconsin State Fair August 4-14, 2022. Summer Internship Positions Available:

Livestock Coordinator - Assist with setting up and running livestock shows and events.

Exhibitor Education Coordinator - Create and execute exhibitor educational contests and programs.

Fairgoer Education Coordinator - Coordinate the Compeer Financial Discovery Barnyard along with fairgoer education exhibits and oversee the care of exhibit livestock.

Entry Department - Assist with data entry, exhibitor communication and customer service initiatives.

To apply, email your cover letter and resume to entryoffice@wistatefair.com. Please include the internship position(s) for which you are applying. Ideally, candidates would be able to start in May.

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Animal Identification on 4-HOnline for all Animals

• 4-H Online Animal Identification must be complete by May 1st. 4-H exhibitors must identify and activate all animals in 4-H Online. This must be complete prior to FairEntry registration.

• 4-H Swine Exhibitors will upload their photos on 4-HOnline along with their animal identification.

4HOnline Animal ID Instructions

Animal ID Video Tutorial (Less than 3 minutes showing you how to add an animal for 2022) You will be directed to a Google Folder where you will click on the .mp4 file titled 2020 Animal ID Tutorial to watch.



Meat Animal
Educational
Requirements
2022 YQCA Online
Training

All animal exhibitors, with the exception of Equine, Cats & Dogs, must complete the Youth for the Quality Care of Animals (YQCA) training each year. Wisconsin State Fair and other national exhibitions will require certification in YQCA for participation in events. The training must be completed by July 1. The new platform is now open, please book mark this sit as it will be your go-to site to learn about YQCA at www.yqcaprogram.org. On the More Info/Parents & Youth page, you'll find help documents detailing the steps to getting your YQCA ILT certification, web-based training certification, and test-out certification. You'll notice a major change to the account structure – the opportunity to create a parent account and add children, essentially creating one family account for all your YQCA needs.

Additional Educational Experience:

All meat animal exhibitors must attend one education session *in addition to* the Youth for the Quality Care of Animals (YQCA) training every year in order to be eligible to sell their animal(s) at the Buffalo County Fair. For more details, please review items 2 and 3 in the Buffalo County Junior Livestock Committee Sale Rules located on the Fair webpage

After completing the Meat Animal Second Educational experience, click on the following link to access the Google Form to complete your additional educational requirement form: https://goo.gl/forms/HwJDXZNBd4BesxjB2

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Wisconsin Youth Livestock Program (WYLP) Offers Live Virtual Animal Sciences Education Series for 2022

April 14 – Grand Challenge: Land and Water

May 12 – Grand Challenge: Biomedical Advancements

For registration and details about each presentation go to: https://go.wisc.edu/tnq61h. These programs are approved to meet the Buffalo County Meat Animal Second Educational requirement. Please complete the online form at end of the presentation.

For more information, visit https://go.wisc.edu/tnq61h or go to the Wisconsin Youth Livestock Program Website —

https://youthanimalsciences.wisc.edu/ and https://livestock.extension.wisc.edu/programs/wisconsin-youth-livestock/

Animal Sciences Education Series Announced for 2022 - Wisconsin 4-H

LEAVE NO TRACE

Learn how to reduce your impact on the environment with the Leave No Trace principles.

Intended for Grades PreK-8





MODEL OF POLLINATION

Learn about pollination and cross-pollination by making a model bee and flower, and seeing how pollen is spread.

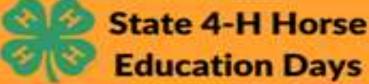
Intended for Grades 2-8

KINDNESS IS FREE SPRINKLE THAT STUFF EVERYWHERE

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R





Registration Deadline: April 1st

Speaking & Demonstration Contest Date: May 13, 2022

Horse Bowl and Hippology Contest Date: May 14, 2022

Both contests are at the Dodge Co Fairgrounds. You need to be pre-registered to participate.

For more information visit: The WI 4-H Horse Association Handbook

Virtual Poultry Showmanship Clinic

2 Sessions:

Beginner: May 18th @ 7:00 PM

Intermediate/Advanced: June 2nd @ 7:00 PM Register via 4HOnline: https://v2.4honline.com/

Learn how to prepare your poultry for a showmanship competition, practice holding your bird, and what types of questions judges might ask





POULTRY

R S F Page 16 Pepin Pacer

Wisconsin Southdown Association 2021 Southdown Ewe Lamb Award

<u>Purpose:</u> To promote youth involvement with Southdown sheep in Wisconsin by awarding youth with a quality registered ewe lamb to begin their flocks.

Who is Eligible?

1. Wisconsin youth ages 11-16 enrolled in 4-H or FFA who do not already own Southdown sheep.

Requirements/Rules:

- A written application must be submitted to the Wisconsin Southdown Association. Application materials are presented on page 2. Mail application materials postmarked by April 15th ,2022 to Shelly Smerchek, 202978 Bentley Road, Rosholt, WI or emailed to sasmerchek@outlook.com.
- Applications will be reviewed by a Wisconsin Southdown Association appointed committee. Winner(s) will be selected based on quality of the application materials. The number of winners will be determined by the number of ewes donated in that year.
- The top applicants selected will be contacted by the Wisconsin Southdown Association Board of Directors for a phone interview, which will finalize the selection of the winners.
- 4. Winner(s) will be announced and animal will be awarded in early May. Winner(s) will be contacted and delivery of the ewe lamb must occur within 30 days or winner will forfeit the ewe lamb. Each winner will receive individual instruction on feeding and care of the ewe lamb and a mentor will be introduced who can be contacted any time for information and assistance. The mentor will report back to the Wisconsin Southdown Association from time to time on the progress of the winner in raising his or her ewe lamb.
- 5. The winner(s) of the ewe lamb must agree to maintain and raise their animals in clean facilities and provide appropriate care. The ewe lamb must receive proper annual vaccinations and receive deworming and necessary medications to maintain and assure good health. The ewe lamb must also receive proper nutrition (grain, supplements, hay, mineral and pasture) in order for it to grow to its full potential.
- 6. Each winner will be required to make a written progress report to the Wisconsin Southdown Association along with pictures of the ewe lamb due September 1, 2021. The ewe lamb must be shown at a minimum of 2 shows such as a local, county, or state fair or the Spring Preview or Sheep and Wool Festival shows.
- 7. Failure on the part of the youth who wins an ewe lamb to maintain it in good health, provide proper nutrition and good animal husbandry care will result in forfeiture of the ewe lamb back to the Wisconsin Southdown Association. All costs associated with feeding, caring and showing the ewe lamb are the sole responsibility of the youth winner. The Wisconsin Southdown Association assumes no responsibility or liability for the animal once it is delivered to the winner and is not required to replace the animal in the event of death.

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 Donated ewe lambs must be of show ring quality and be in good health upon donation. Ewe lambs must adhere to the American Southdown Breeders Association's breed standards and DNA testing requirements.

Wisconsin Southdown Association Southdown Ewe Lamb Award Application

Name:	Age:
Address:	
City, State, Zip:	
County:	
Telephone:	E-Mail
Do you currently raise sheep?	
If yes, what breed	Number of Years:
Name of 4-H Club or FFA Chapter of w	hich you are a member:

The following must be attached to your application:

- Essay by applicant—A written essay, not to exceed two (2) pages, must accompany the application discussing the following:
 - A. Why you are interested in Southdown sheep.
 - B. Description of your livestock background.
 - C. If you have sheep, describe your flock.
 - D. Description of facilities and feed sources available for your Southdown sheep project.
 - E. Describe your present, past and future sheep activities (showing, clubs, etc.). If this is your first lamb, what are your plans for this ewe?
 - F. Description of what you desire to be doing 10 years from now, including your career ambitions and goals for your sheep project.
 - G. Briefly discuss how a Southdown ewe will help you achieve your personal goals.
- 2. Letter of support from parent or guardian must verify the following:
 - A. You will be able to assist with the time, finances, and encouragement that may be required for a successful experience with Southdown sheep.
 - B. Appropriate facilities and feed are available for maintaining a sheep project.

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Letter of recommendation and membership verification from a 4-H, FFA or Sheep Project
 Leader. Include address, phone number and email address where reference can be contacted.

 Letter of recommendation from a person who is a non-relative. Include address, phone number and email address where reference can be contacted.

We have read the guidelines for this Southdown ewe lamb program and agree to abide by them if awarded an ewe lamb from the Wisconsin Southdown Association.

Signature of applicant	Signature of parent or guardian	Date	

Mail application materials postmarked by April 15, 2022 to Shelly Smerchek 202978 Bentley Road Rosholt, WI 54473 or email to sasmerchek@outlook.com



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There are three different contests about livestock where you can use your knowledge about the animal species (beef, sheep, swine, meat goat) and the industry.

Livestock Quiz Bowl: Livestock Bowl is a quiz competition where all the questions are about beef, sheep, swine, and meat goat topics. Students use a buzzer to answer the questions (similar to the game show Jeopardy). Teams compete in a double elimination format by giving oral answers to questions posed by a moderator. Each match has both an individual and toss-up question round. The top team earns the opportunity to compete at the national competition.

<u>Livestock Skill-a-thon:</u> Everything you know about raising your animal adds up to so much knowledge of the species and

MARK YOUR CALENDARS
BOTH CONTESTS AT UW MADISON

4-H LIVESTOCK QUIZ BOWL
& SKILLATHON CONTEST
APRIL 9, 2022

4-H MEATS JUDGING
CONTEST
APRIL 30, 2022

the industry. The Skill-a-thon contest will help you challenge you to share that information through a written quiz and learning stations such as breed identification, feed identification, equipment identification as well as some team activities such as demonstrating evaluation skills. The top team earns the opportunity to compete at the national competition.

<u>Meats Judging Contest:</u> Have you been to your local meat market or grocery store lately and think you could choose the best cut of meat out of the case? Have you ever watched a live animal contest and thought you could choose what animals would provide the best meat products? This is your opportunity to put those skills to work. This contest tests the knowledge of youth in the placement of carcass and retail cut classes, carcass grading, retail cut identification, and a quiz. Top teams earn the opportunity to compete at regional and national competitions.

Who can participate? Any current 4-H members ages 8-18. Please note, there are age divisions for each of those contests. For more information and registration check out this link: https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/livestock-quizbowl-skillathon-contest/

SAVE THE DATES—More information coming soon.

4-H Livestock Quiz Bowl and Skillathon – Saturday, April 9th Location: UW Madison Campus

4-H Meats Judging – Saturday, April 30th Location: *New* Meat Science and Animal Biologics Discovery Building, UW Madison Campus Page 20 Pepin Pacer

Fur, Fin, Feather: Teaching Show



Youth are invited to participate in our upcoming Fur, Fin, Feather: Teaching Show, slated for Saturday, April 30th at the Barney Center in Sparta, WI. This show is unique in the aspect that it focuses on teaching and learning. For rabbits and poultry, there will be an all breed show, and showmanship competition. For rabbits, there will also be a breed judging class/giving reasons. The judges for these shows will slow down classes and work with youth to give them advice and teach them more about their animals/showmanship skills and how to improve.

In addition, there will also be a small pet and cat show (no dogs or livestock). This is an opportunity for youth to present their small pets to a judge, answer their questions about their care, management, and relationship with their animal and receive a participation certificate/award.

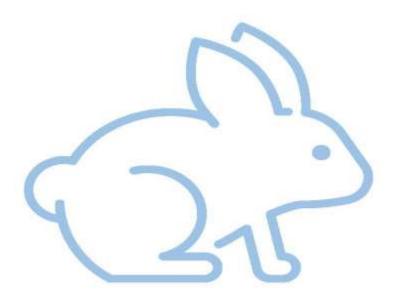
Finally, there will be a photography and poster show, along with an educational poster session, and an opportunity to complete a service project (making cat toys to be donated to local shelters). There is so much to do at the Teaching Show! It is open to Cloverbud-13th grade, however, Cloverbuds will be under some restrictions. For applications and full set of rules/instructions, please visit the show bill found here: https://vernon.extension.wisc.edu/files/2022/01/Fur-Fin-Feather-Show-Bill.pdf

The online entry form can be found here: https://forms.gle/w291Udd3PC4fsCiz8

Finally, there will be some virtual pre-teaching sessions on rabbit and poultry showmanship for youth that are beginning or would like a refresher. Families can register for those sessions on 4HOnline. Rabbit Showmanship is slated for February 22 and poultry showmanship is on March 15th, both at 7:00 p.m.

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2022 Neillsville Rabbit Fun Show April 30, 2022 Clark County Fairgrounds, 1121 E. Division St, Neillsville, WI 54456



Registration by 8:30 a.m. Show starts at 9 a.m.

15 and under \$.50 per rabbit 16 and up \$1.00 per rabbit Costume contest is \$2.00

All Ages Welcome. All Breeds Welcome, even a Crossbred Class

Awards will be given.

50/50 raffle and silent auction

Show Animals will be on Auction

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2023 Wisconsin 4-H Advanced Space Academy

Registration Opens July 1

Activities Include:

- High / Low Ropes Course
- NASA Simulators
- Russian Language Lessons
- Scuba Diving
- Fighter Jet Simulators
- Advanced Rocketry
- Meeting NASA Engineers
- Land, Air, and Sea Robotics Training
- STEM Challenges
- Simulated Space Mission
- International Space



University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. An EEO/AA employer, Extension provides equal opportunities in employment and programming, including Title VI, Title IX and American with Disabilities (ADA) requirements.

Advanced Space Academy explores college and career preparation through an immersive experience in science, technology, engineering, and math. Trainees undergo a variety of astronaut training exercises, engineering challenges, and teambuilding activities, all culminating in an extended duration simulated space mission.



Grades: 10th-12th graders as of January 1, 2023

Dates: January 21-27, 2023

Location: US Space and Rocket Center in Huntsville, Alabama

Cost: \$1,650.00 / youth (Deposit of \$825.00 is due by October 1, 2022)

Lodging: Youth will stay at a hotel in Milwaukee, WI the first night. During the rest of the program youth will stay in the Space Camp dormitory.

Meals: All meals will be included in the price.

Transportation: Youth will fly to and from Space Camp from Mitchell Airport in Milwaukee, WI

Registration: July 1-31, 2022 through 4-HOnline. Registration is on a first come., first serve basis. There are only 32 spots available.

More information: Contact Joshua Goede at 608-269-8722 or joshua.goede@wisc.edu

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Going Global - Spring Virtual Global Exploration Series



You are invited to join the WI 4-H International Program and UW Madison REACH students as we "virtually" travel around the world!! Our first stop was India on March 15. We learned so much about the history, geography and culture!! There are still more countries and cultures to explore. While we are disappointed that we are unable to have in-person international exchanges, we are excited to help youth and families across the state continue their international exploration and education via virtual programming!

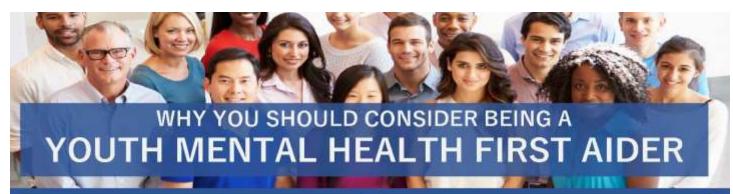
Who Can Participate? The Global Exploration Series is designed for youth of all ages and their families. UW-Madison International REACH Ambassadors will be sharing information about their home country, different aspects of their culture and language!!

When? We will be holding Zooms on March 31, April 12, April 28 and May 10. All of the Zooms will be held at 7:00 p.m.

How Do I Sign Up? As our next "stops" are determined, you will be able to find Zoom Registration Information at: https://go.wisc.edu/501630. Please check back regularly for information. You are invited to join us for one or ALL our "stops." (Separate registrations are required for each Zoom.)

Questions? Feel free to reach out to a member of the WI 4-H International Program Team at wi4hinternational@extension.wisc.edu with any questions and/or for more information about the Spring Virtual Global Exploration Series.

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59.4%

of Wisconsin Youth

have experienced depression, anxiety, self-harm or suicidal ideation in the past 12 months

1 in 5

Youth live with a mental health condition



Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people.

Sign up for a FREE Youth Mental Health First Aid Training at https://wirose.wisc.edu/community-programming/

Virtual Youth Mental Health First Aid

First Aiders will complete a 2-hour, self-paced online class, and then participate in an Instructor-led Zoom Meeting. Limited to 20 adults.

Upcoming Trainings

All trainings start at 9:00am and end at 3:00 pm

- •April 4, 2022
- April 15, 2022
- •May 6, 2022
- •May 20, 2022
- •June 20, 2022

Who should be trained?

- Teachers
- School staff
- Coaches
- Camp counselors
- Youth group leaders
- Parents
- Adults who work with youth



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WHY YOU SHOULD CONSIDER BEING A MENTAL HEALTH FIRST AIDER



On average

123

people die by suicide each day

1 in 5

people live with a mental health condition



Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Sign up for a FREE Adult Mental Health First Aid Training at https://wirose.wisc.edu/community-programming/

Virtual Adult Mental Health First Aid

First Aiders will complete a 2-hour, self-paced online class, and then participate in a 6.5-hour, Instructor-led Zoom Meeting.

Upcoming Trainings:

1-day Trainings:

- April 22, 2022 9AM to 3:30 PM
- •May 3, 2022 9 AM to 3:30 PM
- •May 20, 2022 9 AM to 3:30 PM
- June 6, 2022 9 AM to 3:30 PM

2-day training is also available

•June 29th AND June 30th 12:30-3:30 PM



Trainings are offered through the Wisconsin Rural Opioid and Stimulant Engagement (WiROSE), funded by SAMHSA to address opioid and stimulant prevention, intervention, and recovery. WiROSE is a project of the Extension Health and Well-being Institute.

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Activity Page



