



May, 2023

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Extension Pepin County Staff

Extension Pepin County conducts educational programs and provides

educational information in 4-H

youth development, family living

education and agriculture.

Agriculture /Nat. Resource Educator

mary.campbellwood@wisc.edu

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4-H Youth Development and Nutrition Program Educator

Vacant

E-mail:

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Mary C. Wood Family Living Educator

Gwen Prom



Just some positive youth development components found in 4-H that can help meet the needs of youth and provide building blocks for life skill development.



The need to be independent goes with the HEAD. Youth need to be given a chance to learn self-discipline and responsibility. Give youth simple tasks and when they are ready, help them progress to more difficult tasks. Encourage, motivate, and praise youth who take leadership roles.

The need to master goes with HANDS. Youth need to feel and experience success and meet challenges to help develop their self-confidence. Be fair and consistent in giving feedback. Do not be afraid to show frustration in front of youth—it's part of the learning process.

HANDS



The need to belong goes with the HEART. Youth need to know they are cared about by others and feel a part of a group. Create a welcoming environment for all families. Help youth feel they are a part of the group and have input in the activities.

The need to be generous goes with HEALTH. Youth need to have meaning and purpose in their life. It is important for youth to experience giving back to others through service/community projects.

HEALTH

Good Luck Hunting!

 Meg Ruff
 Program Assistant

 E-mail: meg.ruff@wisc.edu
 Every month we will hide a special symbol somewhere in that

Chippewa Chatter

Address: 740 7th Avenue West PO Box 39 Durand, WI 54736 Phone: 715-672-5214 Extension Pepin County website: http://pepin.extension.edu/ 4-H Online: http://wi.4honline.com/

This is this month's symbol :

month's Pacer. If you are the first person to call (715) 672-5214 or email (gwen.prom@wisc.edu) the Extension Pepin County and tell us

where that symbol is found you will win \$5 and be named in next



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month's Pepin Pacer as the "4-H Fast Finder".

Meets 2nd Sunday of the month. Contact Club Leader for Information





SCO

Lima Lads & Lassies 4-H Club Meets 3rd Sunday of the month. 11:00 a.m., Durand City Hall.



Pepin County 4-H Parent/ Leader Federation Meeting June 13, 2023 @ 5:00 - County Board Room,

ALL Pepin County 4-H Parents, Leaders, and Youth Leaders you are welcome to attend the Parent/ Leaders Federation Meetings. Decisions are made at these meetings which affect all members and parents within our 4-H organization. Meetings are held in February, April, June, August, October and December, normally held at the Government Center Board Room in Durand.

> Take part in determining how the money raised is spent and what activities Pepin County 4-Hers will participate in. Your voice will be heard.

Yes, 4-H and Extension is open...to ALL people.

The University of Wisconsin-Madison Division of Extension non-discrimination policy is: Extension does not discriminate in the treatment of individuals in the admission or access to its programs and activities, in the provision of services, or services, or in employment.

Further, Extension will not participate with organizations or in activities which discriminate on the basis of any of the legally prohibited categories of discrimination, which are: race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status arrest or conviction record, or membership in the national guard, state defense force, or any other reserve component of the military service. Consistent with the Americans with Disabilities Act, persons who need materials in alternative format or other accommodations should write or call the Extension Office. Individuals who need TTY access should call 1-800-947-3529.



4-H Fast Finder for the Month:
WENDY BRANTNER
Congratulations for being our
4-H Fast Finder this month!
We hope you enjoy the
Pepin Pacer !





Pepin County 4-H Youth Development Program 740 7th Ave W, PO Box 39 Durand, WI 54736 715-672-5214 (PHONE) 715-672-8677 (FAX) 800-947-6644 (TTY)

DATE:	October 21, 2022
TO:	4-H Members, Families, Leaders, and Volunteers
RE:	4-H Program Educator Transition

First, I want to thank all of you for your dedication to the Pepin County 4-H program. It is you who make the 4-H program a success.

As you know, Marie Ritscher has retired after a 38-year career working with the 4-H program in Pepin County. Although we will miss her, Pepin County and the University are committed to filling Marie's position. Our timeline is to have a new 4-H Educator on board around the first of the year. In the meantime, I hope the transition plan below will provide you with the basic information you will need during this transition time. Gwen Prom be the main contact person for your general 4-H questions or concerns.

Issue/Task	Responsible Person		
4-H Online & Enrollment and Approvals	Gwen will be managing enrollment and approvals. Any questions should be directed towards her.		
VIP (Volunteer in Preparation)	Gwen will be sharing training opportunities through the usual channels.		
Volunteer/Member Challenges	Contact Pat Malone (patricia.malone@wisc.edu)		
Leaders Association Questions			
Leaders Association (Agenda, Notice, Zoom)	Gwen will be the key contact. She will		
Statewide 4-H Programs CWF, National 4-H Congress, Space Camp	also be sharing statewide opportunities through the usual channels.		
Event Approvals	Gwen will be doing the approvals.		
Emergency Contact	Pat Malone (715-530-0014)		
General 4-H Questions or Concerns	Gwen will serve as first point of contact.		

The effective date of the above plan is November 4, 2022. Our team will be working hard to get an outstanding 4-H Program Educator hired to keep the Pepin County 4-H program moving forward.

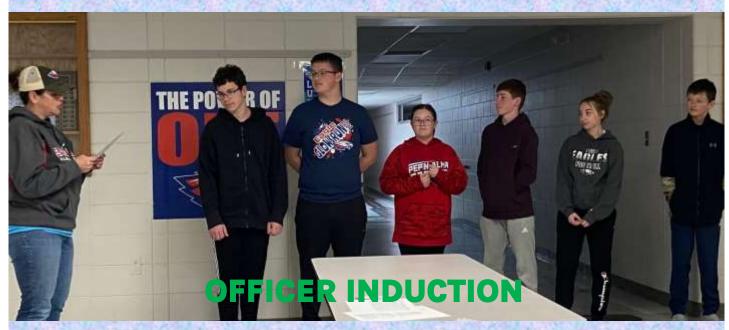
Sincerely,

Patricia L. Malone Area Extension Director Area 9: Pepin, Buffalo, Trempealeau, and Jackson Counties Cell: 715-530-0014

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Chippewa 4-H Club Activities



The Chippewa Club met on Sunday April 16th. We held an induction of our club officers. Dominic Moline, Milan Pesic, Anders Seifert, Alliah Sterry, Amelia Ingli and Novak Pesic are our club officers for 2023. Congratulations!!

We held a short meeting and then had a group activity of playing kickball! The kids had a great time! So much fun and laughter from the group!



LIMA LADS AND LASSIES 4-H CLUB ACTIVITIES

Our monthly meeting was Sunday April 16 at the Durand City Hall. We had a short meeting discussing summer activities that our club could participate in. The Pepin County Dairy Breakfast will be June 10 and we will be there with games for the younger kids. Club members are invited to ride in the dairy wagon at the Funfest parade to throw out cheese sticks to parade watchers. We were told that some community members would like us to decorate Tarrent Park for Christmas along with Memorial Park and the old bridge area. We welcome any donations of outdoor Christmas decorations and strings of lights. We also need fence posts to stabilize decorations so they are not blown over. If you don't know what to purchase, we would welcome cash donations also. Donations can be dropped off at the Pepin County Extension Office and cash donations can also be sent to the Extension office. If anyone from the community would like to help put up the decorations in the fall please contact Wendy Brantner, 715-495-4472. Kristen and Jodi were Family In Charge this month. The project that they came up with was making handmade greeting cards to be given to residents at Plum City Care Center and Assisted Living Facility. Kristen's grandmother is a resident there so she will be handing out the cards to everyone there. Our next meeting will be in June as May is very busy for many families. -Wendy Brantner



Have fun at 4-H camp with friends from Buffalo, Jackson, Pepin and Trempealeau Counties! Counselors and adult staff are eager to return to an overnight camp experience in 2023 with a water world theme!

LOCATION: YMCA Camp Pepin, WI

WHEN: June 14th at 10:00am until June 15th until 4:30pm.

WHO: Youth currently in grades 3-8 in the 2022-2023 school year



COST: \$150 per camper (Thanks to the Pepin County 4-H Parent Leader Federation, Pepin County 4-H members only pay <u>\$37.50</u>. Please register ONLY if you are able to attend, fees are non-refundable. DO NOT send your payment to Buffalo County 4-H send payable to Pepin County 4-H Parent Leader Federation, PO Box 39, Durand, WI 54736.)

REGISTER: for Event go to <u>4HOnline</u>. Deadline to register is May 15. \$25 Late Fee after May 15. Registrations accepted until camp is full. *Camp registration includes one overnight in a cabin, four meals, a campfire snack, swimming in Lake Pepin, low/high ropes or zipline, kayaking and paddle boarding, shooting sports, arts & crafts, nature science, nametag, and an individual camp t-shirt.*

Just in case you can't make our local 4-H Camp Kinnissippewa. Open enrollment for youth and family camps are returning to Upham Woods in 2023!

> Summer Camp–July 5-8 & July 19-22 Family Camp–July 14-16

More information can be found on our website : <u>https://fyi.extension.wisc.edu/uphamwoods/2022/12/12/summer-camp</u>/



SCIMMER ACADEMY 2023 Track Descriptions & Registration Information					
Agriculture Ag Technology Food Science Genetics Veterinary work Tours of Arlington Research Center, greenhouses on campus, and the Meat Science lab	Arts & Communication + Photography + Painting + Performance Arts + Nature Art + Radio + Writing + Sign Language	Culinary Arts & Health + Cooking & Baking Workshops + Hands-on, official simulations at Madison College's mock hospital + Industry Careers + Respiratory Health	 Human Services Higher Education Social Work Non-Profit Mgmt. Choose day-long community service opportunity with: Feeding America Amer. Heart Assn. Goodman Community Center 		
Leadership + Discover WI Past, Present, & Future + Reimagine your hometowns + Meet your elected officials & staff + Tour the Capitol + Volunteer service	S.T.E.M. Archaeology Aviation Biotechnology Climate Change Engineering Entrepreneurship Geology Quantum Science Stem Cells	Trades Automotive: build and race RC cars Construction: tools design, & materials Diesel / Ag Tech: work with heavy machinery Electro-Mechanic: automation & robotics	 ※ ふ 2023 		

Registration - \$350 per youth

Youth in Grades 7-10 are eligible to register for Summer Academy from April 1-30. You can find the registration by going to the events tab in your youth's profile in 4HOnline. *For full registration instructions and more track information, visit go.wisc.edu/o324uk*

UW-Madison Campus | June 19-22 | Grades 7-10



Host an International Friend this Summer!

Seeking a new exciting adventure for summer? How about hosting a young person from Japan or Norway through Wisconsin 4-H? Youth ranging from age 12-18 will visit Wisconsin families for four weeks this summer. If you have a young 10-18-year-old, this is a great opportunity to learn about another culture without leaving home!

See the webpage at: https://4h.extension.wisc.edu/2023/03/15/bring-the-worldhome-by-hosting-an-international-friend-this-summer/



Wildlife and Woods is Wisconsin 4-H's statewide natural sciences, wildlife, and forestry monthly, virtual event. Participants learn about wild places across the U.S. following the 4-H Wildlife Habitat Education Program (WHEP) and the 4-H Forestry Program. Materials are designed for all ages and knowledge levels, so everyone can benefit.

To register for the virtual sessions, log into your family account in 4HOnline. Under the EVENTS tab look for "Wildlife & Woods Virtual Series," register and then you will receive an email with the Zoom link.

To join the Wildlife & Woods Leader Team as an Adult or Youth Leader, contact: Lee Delcore and Kerri Ast wi4hwildlifeforestry@gmail.com

"YOU MAY FIND THAT MAKING A DIFFERENCE FOR OTHERS MAKES THE BIGGET DIFFERENCE IN YOU."

-Brian Williams

Each year, in partnership with Rural Mutual Insurance Company and Scott Construction, the Wisconsin Towns Association offers seven \$1,000 scholarships to students who are graduating from a Wisconsin public or private high school and will be attending a Wisconsin public or private college/university in the fall of that year.



Applicants are required to write a 500-1000 word essay on a specific topic that relates to town government. Proof of enrollment in a Wisconsin private or public college is required.

2023 Scholarship Topic:

"If Wisconsin could design it's local government funding system from scratch, what would be the best and most equitable way to fund town government services?"

For more information: https://www.wisctowns.com/resources/scholarship/

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Fair Entry Dates May 11 thru June 11, 2023

Give yourself time to make revisions if needed ! Entries for the 2023 Fair are made by exhibitor since the close of the 2022 Fair.

FairEntry Link – <u>http://</u> buffaloco.fairentry.com Pepin Pacer

In Affiliation with Pepin County

August 3-6, 2023

This Year's Theme BARN IN THE USA

2023 Summer Pre-Fair Events

Foods Revue & Decorated Cakes Contest Wednesday, June 28 - Marten Center

Clothing Revue Thursday, July 13 - Marten Center

Cat, Small Animal, Dog, & Exotic Animal Shows Saturday, July 15 - BCF Fairgrounds

TAURA CONTRACTOR

Horse Show Saturday, July 22 -Midnight Riders Arena

Buffalo County Fair Contact Info!

Phone Number (608)863-0381

le mail buffalocountyfair@gmail.com

Nailing / ddress PO Box 152, Mondovi, WI 54755

Website www.buffalopepincountyfair.com

Fairbooks Avail abl e At: <u>https://www.buffal opepincount</u> <u>yfair.com/exhibitor-</u> <u>information/premium-books</u>

BARN IN THE USA

YQCA – The Buffalo County Fair in affiliation with Pepin County Junior Fair Rules require: All Dairy, Beef, Sheep, Swine, Goat, Poultry & Rabbit exhibitors to complete the Youth for the Quality Care of Animals (YQCA) training each year to be eligible to exhibit their animal(s) at the Buffalo County Fair.

Must be complete by July 1st. Visit the <u>YQCA Page</u> for details.

Meat Animal Educational Credit - All meat animal exhibitors planning to exhibit at the Buffalo County Fair in affiliation with Pepin County, must earn one meat animal educational credit in addition to the YQCA training during the project year. Following the session, exhibitors must complete the Meat Animal Educational Credit online form. The Meat Animal Educational Credit form submission is due by the Friday before the Fair begins. Educational sessions may be approved in-person events or online courses. For further information see the MEAT ANIMAL EDUCATIONAL CREDIT PAGE.



4-H Exhibitors: All animal information must be entered into <u>4-H Online by May 1st</u>of the exhibit year. If you are planning to exhibit an animal (all species) at the Buffalo County Fair in affiliation with Pepin County, the animal information must be entered into **4-H Online.**

Researchers at the National Farm Medicine Center and The Ohio State University are looking for farmers and ranchers who are raising children 0 to 18 to participate in an online survey. The survey asks about your families' experiences of taking care of children (age 0 to 18) while also working on

and off the farm/ranch. The survey is open to part time and full time farmers, ranchers, and their partners operating in rural, urban, or suburban areas. Participants have the option to enter a raffle for one of fifty \$50 checks.

To fill out the 15 to 20 minute survey, visit this link: https://redcap.link/Survey1_FarmersRaisingChildren







Explore fun, educational activities and learning experiences for kids and teens to do at home. Check out the resources found at the National 4-H Site at

https://4-h.org/about/4-h-at-home/

Check Out These Event Calendars

The calendars below show events available in surrounding areas and statewide. To filter by county or event type, use the check boxes on the left to narrow the results.

* To find 4-H specific events see this site <u>https://4h.extension.wisc.edu/opportunities/calendar/</u>

* To find workshops, classes and other events hosted by University of Wisconsin-Extension see this site:

https://extension.wisc.edu/events/

Supporting You(th)

Supporting youth and their mental health needs have been a growing concern for some time, and the pandemic only amplified the staggering needs of youth struggling to cope. have been increasing, and In response to the increasing rates of anxiety, depression, and self-harm reported by young people, Extension has developed a series of fact sheets for parents, caregivers and other adults who live or work with young people. Each fact sheet is research-based, easy to read, and provides practical strategies to support youth mental health. See Title link above for how to support youth toward better mental health.

Badger Talks is pleased to present a LIVE series of talks on topics that intend to inspire, delight, and pleasantly distract in a time we are all needing positive experiences. Tune in to hear experts on a variety of interesting and engaging topics. For more information see: https://badgertalks.wisc.edu/badger-talks-live/





Join the Biotechnology Center every Wednesday night for Wednesday Nite @ The Lab! Each week features a speaker teaching about different science topics. These talks are available statewide and will be held on Zoom for the foreseeable future. Come join us!

See <u>https://science.wisc.edu/wednesday-nite-at-the-lab/</u> for the schedule of topics and registration links.

