



June, 2023

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Extension Pepin County Staff

Extension Pepin County conducts educational programs and provides educational information in 4-H youth development, family living education and agriculture.

Vacant

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4-H Online:

http://wi.4honline.com/

Just a reminder, in case your mind is playing tricks on your today: You matter. You're important. You're loved. And your presence on this earth makes a difference, whether you see it or not.

-author unknown



song can spark a memory. flower can make you sing. tree can start a forest. bird can herald the spring.

smile can start a friendship. handclasp can lift a soul. star can guide a ship at sea. speech can set a goal.

vote can change a nation. sunbeam can light a room. candle can erase the darkness. laugh can chase the gloom.

leg must start each journey. step must start each stair. hope can make a smile. word can show you care.

can make a difference. And that one is you. Alone and together. You can. You do.

-Author unknown

Every month we will hide a special symbol somewhere in that **month's Pacer. If you are the first person to call (715) 672**-5214 or email (gwen.prom@wisc.edu) the Extension Pepin County and tell us where that symbol is found you will win \$5 and be named in next **month's Pepin Pacer as the "4-H Fast Finder".**

Good Luck Hunting!

This is this month's symbol:

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DISCOVER 4-H CLUBS

Chippewa 4-H Club

Meets 2nd Sunday of the month. Contact Club Leader for Information





Lima Lads & Lassies 4-H Club Meets 3rd Sunday of the month. 11:00 a.m., Durand City Hall.



Yes, 4-H and Extension is open...to ALL people.

The University of Wisconsin-Madison Division of Extension non-discrimination policy is: Extension does not discriminate in the treatment of individuals in the admission or access to its programs and activities, in the provision of services, or services, or in employment.

Further, Extension will not participate with organizations or in activities which discriminate on the basis of any of the legally prohibited categories of discrimination, which are: race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status arrest or conviction record, or membership in the national guard, state defense force, or any other reserve component of the military service. Consistent with the Americans with Disabilities Act, persons who need materials in alternative format or other accommodations should write or call the Extension Office. Individuals who need TTY access should call 1-800-947-3529.

Pepin County 4-H Parent/ Leader Federation Meeting June 13, 2023 @ 5:00 - County Board Room,

ALL Pepin County 4-H Parents, Leaders, and Youth Leaders you are welcome to attend the Parent/Leaders Federation Meetings. Decisions are made at these meetings which affect all members and parents within our 4-H organization. Meetings are held in February, April, June, August, October and December, normally held at the Government Center Board Room in Durand.

Take part in determining how the money raised is spent and what activities Pepin County 4-Hers will participate in. Your voice will be heard.



4-H Fast Finder for the Month:

ALLIAH STERRY

Congratulations for being our 4-H Fast Finder this month! We hope you enjoy the Pepin Pacer! Page 3 Pepin Pacer





Pepin County 4-H Youth Development Program 740 7th Ave W, PO Box 39 Durand, WI 54736 715-672-5214 (PHONE) 715-672-8677 (FAX) 800-947-6644 (TTY)

DATE: October 21, 2022

TO: 4-H Members, Families, Leaders, and Volunteers

RE: 4-H Program Educator Transition

First, I want to thank all of you for your dedication to the Pepin County 4-H program. It is you who make the 4-H program a success.

As you know, Marie Ritscher has retired after a 38-year career working with the 4-H program in Pepin County. Although we will miss her, Pepin County and the University are committed to filling Marie's position. Our timeline is to have a new 4-H Educator on board around the first of the year. In the meantime, I hope the transition plan below will provide you with the basic information you will need during this transition time. Gwen Prom be the main contact person for your general 4-H questions or concerns.

Issue/Task	Responsible Person	
4-H Online & Enrollment and Approvals	Gwen will be managing enrollment and approvals. Any questions should be directed towards her.	
VIP (Volunteer in Preparation)	Gwen will be sharing training opportunities through the usual channels.	
Volunteer/Member Challenges	Contact Pat Malone (patricia.malone@wisc.edu)	
Leaders Association Questions	Gwen will be the key contact. She will also be sharing statewide opportunities through the usual channels.	
Leaders Association (Agenda, Notice, Zoom)		
Statewide 4-H Programs CWF, National 4-H Congress, Space Camp		
Event Approvals	Gwen will be doing the approvals.	
Emergency Contact	Pat Malone (715-530-0014)	
General 4-H Questions or Concerns	Gwen will serve as first point of contact.	

The effective date of the above plan is November 4, 2022. Our team will be working hard to get an outstanding 4-H Program Educator hired to keep the Pepin County 4-H program moving forward.

Sincerely,

Patricia L. Malone

Area Extension Director Area 9: Pepin, Buffalo, Trempealeau, and Jackson Counties Cell: 715-530-0014

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The Chippewa 4H Club participated in a Memorial Day Program at the Oakland Cemetery outside of Stockholm, WI. After the Maiden Rock Legion Members completed their portion of the program with a 21 gun salute and the playing of Taps, Owen and Archer lead the crowd in the Pledge of Allegiance. Next Elyse, Emmett, & Nolan each shared a special reading or poem that pertained to Memorial Day.











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We then had special music played by Amelia, Nolan, Owen, Anders, and Alliah. The music was followed by a poem read by Amelia, a Memorial Day speech by Anders, and an additional poem by Mya. After all of the names of the Veterans were read the club placed lilacs on the graves.













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Have fun at 4-H camp with friends from Buffalo, Jackson, Pepin and Trempealeau Counties! Counselors and adult staff are eager to return to an overnight camp experience in 2023 with a water world theme!

LOCATION: YMCA Camp Pepin, WI

WHEN: June 14th at 10:00am until June 15th until 4:30pm.

WHO: Youth currently in grades 3-8 in the 2022-2023 school year



COST: \$150 per camper (Thanks to the Pepin County 4-H Parent Leader Federation, Pepin County 4-H members only pay \$37.50. Please register ONLY if you are able to attend, fees are non-refundable. DO NOT send your payment to Buffalo County 4-H send payable to Pepin County 4-H Parent Leader Federation, PO Box 39, Durand, WI 54736.)

REGISTER: for Event go to <u>4HOnline</u>. Deadline to register is May 15. \$25 Late Fee after May 15. Registrations accepted until camp is full. Camp registration includes one overnight in a cabin, four meals, a campfire snack, swimming in Lake Pepin, low/high ropes or zipline, kayaking and paddle boarding, shooting sports, arts & crafts, nature science, nametag, and an individual camp t-shirt.

Just in case you can't make our local 4-H Camp Kinnissippewa. Open enrollment for youth and family

camps are returning to Upham Woods in 2023!

Summer Camp—July 5-8 & July 19-22 Family Camp—July 14-16

More information can be found on our website:

https://fyi.extension.wisc.edu/uphamwoods/2022/12/12/summer-camp/



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Join us for hands-on 4-H project experiences with a superhero theme!

Register for this Event via your family 4HOnline account.

Deadline to register is June 30th. The Parent Leader Federation will contribute 50% of Pepin County 4-H members with funding, contact gwen.prom@wisc.edu or 715-672-5214 for more information.

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STEAM Discovery Days Registration Open

Join us and create hands-on STEAM Projects with friends entering K-6! This event is open to all youth not just 4-Hers.

Click <u>HERE</u> to visit our STEAM Discovery Days Webpage to learn more! Register for this Event via your family account on 4HOnline

Deadline to register for either location is June 30th.

The Parent Leader
Federation will contribute
50% of Pepin County 4-H
members with funding,
contact

gwen.prom@wisc.edu or 715-672-5214 for more information. Page 9 Pepin Pacer



In Affiliation with Pepin County

August 3-6, 2023

This Year's Theme
BARN IN THE USA

Buffalo County Fair Contact Info!

(608)863-0381

buffalocountyfair@gmail.com

PO Box 152, Mondovi, WI 54755

www.buffalopepincountyfair.com

Fairbooks Avail abl e At:

https://www.buffalopepincount yfair.com/exhibitorinformation/premium-books

BARN IN THE USA



Fair Entry Dates

Now thru **June 11, 2023**

Give yourself time to make revisions if needed! Entries for the 2023 Fair are made by exhibitor since the close of the 2022 Fair.

FairEntry Link – http://
buffaloco.fairentry.com

2023 Summer Pre-Fair Events

Foods Revue & Decorated Cakes Contest

Wednesday, June 28 - Marten Center

Clothing Revue

Thursday, July 13 - Marten Center

Cat, Small Animal, Dog, & Exotic Animal Shows
Saturday, July 15 - BCF Fairgrounds

Horse Show

Saturday, July 22 -Midnight Riders Arena



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2023 Buffalo County Fair Judging Schedule

Wednesday June 28, 2023 (Roger Marten Center) – 6:00 pm Foods Revue Thursday July 13, 2023 (Roger Marten Center) – 6:00 pm Clothing Revue

Saturday July 15, 2023 (Fairgrounds) - 10:00 am Cat Show

Saturday July 15, 2023 (Fairgrounds)- Following the cat show Small Animals

Saturday July 15, 2023 (Fairgrounds)- 11:00 am Exotic

Saturday July 15, 2023 (Show Arena At Fairgrounds) - 1:00 pm Dog Show

Saturday July 22, 2023 (Midnight Riders Arena) - 9:00 am Horse Show

Thursday August 3, 2023

9:00 am Clover bud

2:00 pm Poultry

5:00 pm Flowers and Houseplants

5:00 pm Plant & soil science - Crops

5:00 pm Plant & soil science - Garden

5:00 pm Natural Science

5:00 pm Swine

5:00 pm Clothing

5:00 pm Animal Science

5:00pm Woodworking and Electricity

5:00 pm Animal & Vet science

Friday August 4, 2023

9:00 am Beef Fairgrounds, Mondovi

9:00am Rabbits

9:00 am Family Living & Child Development

9:00 am Knitting and Crocheting

9:00 am Photography

9:00 am Mechanical Science

9:00 am Cultural Arts

9:00am Communications

9:00am Health, Social & Political Science

9:00 am Demonstrations & Communicable Arts

9:00 am Youth Leadership

9:00 am Booths

9:00 am Computers

12:30 pm Meat Goats & Dairy Goats

1:00 pm Sheep

Saturday August 5, 2023

9:00am Dairy

Tuesday August 8, 2023 (Gunderson Food Service, Mondovi) – 9:00 am Carcass Judging Wednesday August 9, 2023 (Gunderson Food Service, Mondovi) – 7:00pm Carcass Show

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YQCA – The Buffalo County Fair in affiliation with Pepin County Junior Fair Rules require: All Dairy, Beef, Sheep, Swine, Goat, Poultry & Rabbit exhibitors to complete the Youth for the Quality Care of Animals (YQCA) training each year to be eligible to exhibit their animal(s) at the Buffalo County Fair.

Must be complete by July 1st. Visit the **YQCA Page** for details.

Meat Animal Educational Credit – All meat animal exhibitors planning to exhibit at the Buffalo County Fair in affiliation with Pepin County, must earn one meat animal educational credit in addition to the YQCA training during the project year. Following the session, exhibitors must complete the Meat Animal Educational Credit online form. The Meat Animal Educational Credit form submission is due by the Friday before the Fair begins. Educational sessions may be approved in-person events or online courses.

For further information see the MEAT ANIMAL EDUCATIONAL CREDIT PAGE.





Happiness is not by chance, but by choice.

- Jim Rohn

Researchers at the National Farm Medicine Center and The Ohio State University are looking for farmers and ranchers who are raising children 0 to 18 to participate in an online survey. The survey

asks about your families' experiences of taking care of children (age 0 to 18) and off the farm/ranch. The survey is open to part time and full time farmers operating in rural, urban, or suburban areas. Participants have the for one of fifty \$50 checks.

To fill out the 15 to 20 minute survey, visit this link: https://redcap.link/Survey1_FarmersRaisingChildren



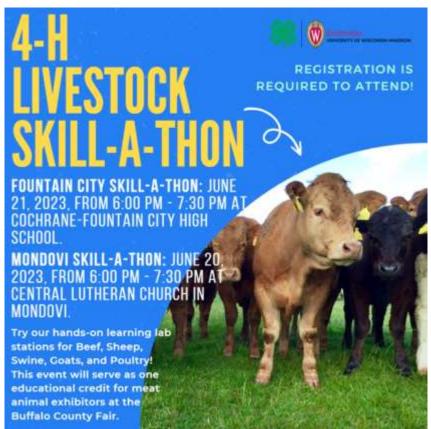
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4-H Livestock Skill-A-Thon 2023

Try our hands-on learning lab stations for Beef, Sheep, Swine, Goats, and Poultry! Our Skill-a-thon will consist of learning lab stations such as breed identification, feed identification, equipment identification, and more.

Competition in skill-a-thons encourages 4-H members to develop a more complete knowledge of their meat animal project.

This event will serve as **one** educational credit for the meat animal exhibitors at the Buffalo County Fair.



Open to youth in grades 3-13 in Buffalo, Pepin or Trempealeau Counties showing through a qualified youth organization.

The Skill-a-thon will take place in teams of 2-4 youth. If you do not have a team, we will help you find a team. There will be prizes for the top finishers at each Skill-a-thon.

There is no cost to participate. Parents are welcome to join in the fun, but they are not eligible to win prizes!

Location Options:

Mondovi Skill-A-Thon: June 20, 2023, from 6:00 PM – 7:30 PM at Central Lutheran Church in Mondovi.

Fountain City Skill-A-Thon: June 21, 2023, from 6:00 PM – 7:30 PM at Cochrane-Fountain City High School.

REGISTRATION IS REQUIRED! registration is due by June 12, 2023.

Click Here to Register!

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HAPPY BIRTHDAY!



ELEANORA
DAVIDSON
June 1st
Chippewa Club

June 27th
Lima Lads &
Lassies Club

AMELIA
ELLENBERGER
June 30th
Chippewa Club

June 30th Chippewa Club EMERSON
ELLENBERGER
June 30
Chippewa Club

WI 4-H AREA ANIMAL SCIENCE DAYS Save the Dates

WOOD CO. -JUNE 9TH

IOWA CO. (DAIRY ONLY) -JUNE 16TH

CRAWFORD CO. (LIVESTOCK ONLY) -JUNE 26TH

> BARRON CO. -JUNE 28TH



For more information and to register: https://4h.extension.wisc.edu/opportunities/ statewide-events-and-opportunities/ animal-science-days/



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Explore fun, educational activities and learning experiences for kids and teens to do at home.

Check out the resources found at the National 4-H Site at

https://4-h.org/about/4-h-at-home/

Check Out These Event Calendars

The calendars below show events available in surrounding areas and statewide. To filter by county or event type, use the check boxes on the left to narrow the results.

* To find 4-H specific events see this site https://4h.extension.wisc.edu/opportunities/calendar/

* To find workshops, classes and other events hosted by University of Wisconsin-Extension see this site:

https://extension.wisc.edu/events/

Supporting You(th)

Supporting youth and their mental health needs have been a growing concern for some time, and the pandemic only amplified the staggering needs of youth struggling to cope. have been increasing, and In response to the increasing rates of anxiety, depression, and self-harm reported by young people, Extension has developed a series of fact sheets for parents, caregivers and other adults who live or work with young people. Each fact sheet is research-based, easy to read, and provides practical strategies to support youth mental health. See Title link above for how to support youth toward better mental health.

Badger Talks is pleased to present a LIVE series of talks on topics that intend to inspire, delight, and pleasantly distract in a time we are all needing positive experiences. Tune in to hear experts on a variety of interesting and engaging topics. For more information see:







Join the Biotechnology Center every Wednesday night for Wednesday Nite @ The Lab! Each week features a speaker teaching about different science topics. These talks are available statewide and will be held on Zoom for the foreseeable future. Come join us!

See https://science.wisc.edu/wednesday-nite-at-the-lab/ for the schedule of topics and registration links.

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5 Things Kids Can Do To Help Pollinators



Be kind to your pollinator friends.

Pollinators like bugs and birds are small and fragile. It's easy for people to hurt them. Be gentle and quiet when they are near!

2. Look, but don't touch!

When you see a butterfly, bee, beetle, or hummingbird outside, look, but don't touch! Pollinators won't hurt you if you leave them alone and are nice to them.



3. Don't use poison sprays.

Bug your family to stop using poison sprays in your house and garden. This poison kills bad bugs, but it hurts pollinators too. Bug your family to buy ORGANIC fruit and vegetables. These are grown without poison sprays, so they keep pollinators safe and happy.



4. Keep pollinators' homes safe.

And help make habitat for pollinators. Take care of a garden. Plant some flowers. When you find a bug in your house, gently take it outside to its natural habitat.

5. Bug someone!

Bugs and pollinators are fun and interesting. Teach your family and friends about these important animals. Teach them to say "Thanks Bugs!" You can "bee" an expert!

Visit www.pollinator.org for more ideas and information.



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2023 Pepin County Town and Country Dairy Breakfast

N6294 County Road V Durand, WI 54736

manyan samut caranesan

Free-will donation



WALKING TOURS

On the farm walking tour



KIDS ACTIVITIES

Face painting, balloon art, build birdhouses, games and much more!



PANCAKE BREAKFAST

Pancakes, Pepin County Real Maple Syrup, Sausage, Cheese, Fried Cheese Curds, Pudding, Ice Cream, Juice & Milk

June 10, 2023 6:30 am - 11:00 am





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Buffalo & Pepin County Safety Day! — Register Now!

Date: June 29, 2023 **Time:** 8:30AM-11:30AM

Where: Buffalo County Fairgrounds, Mondovi

Who: Students in Grades K-8 (with different tracks for students in K-4 and 5-8)

Snack is provided and youth receive a free t-shirt and goodie bag.



Safety topic sessions include hands-on first aid, safe ATV/UTV use, farm safety, vision/ear protection, drug prevention, fire prevention, and powerful personal stories of resilience after injury.

To Register, please complete the Google Form at the link below, then mail the consent and release form (<u>Safety Day – Extension Buffalo County (wisc.edu</u>)) to Division of Extension, 407 S 2nd St., PO Box 276, Alma, WI 54610 or email scan to <u>annie.lisowski@wisc.edu</u>

Consent and Release Form: <u>2023-Youth-Release-and-Consent-Form</u>

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NOW HIRING TEENS IN WISCONSIN!



Do you know a passionate, motivated, change-making, young person who would enjoy GETTING PAID to help improve adolescent health and health care?!

Encourage them to apply for a position as a Teen Educator or Youth Advocate.

Positions available for young people from 13 - 19 years old!

Applications due June 11th!

www.wipatch.org



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