



Pepin Pacer

Pepin County 4-H Newsletter



Extension
UNIVERSITY OF WISCONSIN-MADISON
PEPIN COUNTY

May, 2024

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Extension Pepin County Staff

Extension Pepin County conducts educational programs and provides educational information in 4-H youth development, family living education and agriculture.

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Extension Pepin County website:

<http://pepin.extension.edu/>

4-H Online:

<http://wi.4honline.com/>

Dear 4-H Families,

By this time within the 4-H year, 4-H members should have developed individual project goals and plans for the year and are in process of carrying out those plans to do and learn. What makes 4-H experiences successful? 4-H projects and activities are effective when they include:

- ♦ **ACTION**—4-H'ers should be involve in the doing and planning rather than watching and only listening.
- ♦ **INTERACTION**—with people, things, ideas, and activities with others.
- ♦ **RESOURCES**—know and use the resources available (study project material available, don't hesitate to ask others questions, and utilize community resources as well).
- ♦ **SHADOW HELPERSHIP**—family members and friends can be helpers to 4-H'ers, but do not do it for them.
- ♦ **DECISION MAKING**—set goals, plan things to do, assess your progress and share your results in your 4-H Stories later in the year.
- ♦ **FLEXIBILITY**— plan activities that mees a variety of needs. Allow plans to be changed or modified. If something is not working well do not be afraid to adjust your plans. We can all learn from things that do not go perfectly the first time!

We can all truly appreciate the dedication, enthusiasm, and support that so many of you have put forth. Continue to keep up the good work and remember to share the FUN!

Source: Dane County Hi-Lights

Every month we will hide a special symbol somewhere in that **month's Pacer**. If you are the first person to call (715) 672-5214 or email (gwen.prom@wisc.edu) the Extension Pepin County and tell us where that symbol is found you will win \$5 and be named **in next month's Pepin Pacer as the "4-H Fast Finder"**.

Good Luck Hunting!

This is this month's symbol :





DISCOVER
4-H CLUBS



Chippewa 4-H Club
Typically meets 2nd Sunday of month.
Contact Nicki Moline @
715-442-5371



Lima Lads & Lassies 4-H Club
Typically meets 3rd Sunday of month.
11:00 a.m., Durand City Hall
Contact Wendy Brantner @
715-495-4472

Yes, 4-H and Extension is open...to ALL people.

The University of Wisconsin-Madison Division of Extension non-discrimination policy is: Extension does not discriminate in the treatment of individuals in the admission or access to its programs and activities, in the provision of services, or services, or in employment.

Further, Extension will not participate with organizations or in activities which discriminate on the basis of any of the legally prohibited categories of discrimination, which are: race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status arrest or conviction record, or membership in the national guard, state defense force, or any other reserve component of the military service. Consistent with the Americans with Disabilities Act, persons who need materials in alternative format or other accommodations should write or call the Extension Office. Individuals who need TTY access should call 1-800-947-3529.

Enroll As An Adult Volunteer

Adult Volunteers including activity leaders, project leaders, and anyone else who may lead something even at the club level must be enrolled. For the safety and insurance coverage, please enroll.



4-H Fast Finder for the Month:
BRIAR SCHANTNER
Congratulations for being our
4-H Fast Finder this month!
We hope you enjoy the
Pepin Pacer !



ANNOUNCEMENT
Interim 4-H Program Educator

Gwen Prom has accepted an interim position with UW-Madison Extension to help bridge the gap until a Pepin County 4-H Program Educator is found. Please contact her with questions/problems regarding the 4-H Program.

715-672-5214 / 715-279-0247 gwen.prom@wisc.edu

Pepin County 4-H Parent/ Leader Federation Meeting
June 13, 2024
@ 5:30 pm
Government Center, Board Rm #108, Durand

ALL Pepin County 4-H Parents, Leaders, and Youth Leaders you are welcome to attend the Parent/Leaders Federation Meetings. Take part in determining how the money raised is spent and what activities Pepin County 4-Hers will participate in. Your voice will be heard.

May is National Physical Fitness and Sports Month which promotes the importance of physical activity, physical fitness and sports participation. Physical activity can help increase your energy, boost your mood, and reduce your stress. To celebrate this observance forward your pictures of you and your friends/family being physically active. Bust out those hula hoops, jump ropes or frisbees, play some pickleball or bocce ball, or create and perform your own homemade obstacle course or dance routine! Submit your pictures to gwen.prom@wisc.edu to shared them in our Pepin Pacer!



The Wisconsin 4-H Foundation would like to share some happenings and events :

Tractor Supply Company: Tractor Supply Company (TSC) raises funds for Wisconsin 4-H by hosting paper clover campaigns held in the spring and fall. Proceeds from the sale of paper clovers go to the Wisconsin 4-H Foundation to be used for leadership programming and financial aid for 4-H youth. We encourage clubs and 4-H members to work with TSC stores in their area to do an in-store promotion during the paper clover campaigns. This spring the Foundation is offering an opportunity for clubs to earn a \$50 TSC gift card. Go to: <https://wis4hfoundation.org/tscpaperclover/>



JOANN Stores: JOANN is in the middle of their annual point-of-service campaign. You can support Wisconsin 4-H through your purchases. See more here: <https://4-h.org/support/corporate-foundation-support/joann-fabric-and-craft-stores/>



BUTTERFLY BOX

Includes instructions, habitat, prepaid voucher to order 5 caterpillars, and enough food to take them from caterpillar to butterfly. Additional resources and activities are also included.

Thanks to the Pepin County 4-H Parent Leader Federation this butterfly kit will only cost Pepin County 4-H members \$12.00!



Reserve your Butterfly Box Now

Complete the Google Form below before May 15:

<https://forms.gle/pLER5DJjH79AXkDf6>





May 3rd - Alivia Hurtgen- Lima Lads & Lassies 4-H

May 28th - Graham Macke - Chippewa 4-H

A white central area framed by red curtains. On the left, there are two yellow theater masks. On the right, there are yellow musical notes. The text is centered and reads:

**EXPERIENCE
PERFORMING
ARTS**

**THE PEPIN COUNTY 4-H
PARENT LEADER FEDERATION
WILL REIMBURSE (REGISTERED/APPROVED)
4-H MEMBERS AND VOLUNTEERS UP TO \$10
ON LIVE PERFORMING ARTS TICKETS.**

**EVENTS HELD AT PLACES SUCH AS THE EAU CLAIRE
CHILDREN'S THEATRE, PABLO CENTER, WIDESPOT,
SHELDON THEATER, BIG RIVER THEATRE, MENOMONIE
THEATRE GUILD OR OTHER LIVE PERFORMING ARTS
EVENTS.**

EVENTS MUST BE ATTENDED AND RECEIPTS SUBMITTED TO
GWEN.PROM@WISC.EDU
BEFORE JUNE 1, 2024. ONLY
1 REIMBURSEMENT PER PERSON.

A GOOD COMPROMISE IS ONE WHERE EVERYBODY
MAKES A CONTRIBUTION.

~Angela Merkel~

Catching up with Chippewa 4-H Club

In March the club met and worked in the art room at Pepin to create some amazing clay creatures that can also double as a pencil holder. After we were done being creative in the art room we moved on to the foods room and got creative with making our own versions of Shamrock Shakes. They were so good!

In April the club met and designed and colored around 50 bags for Earth Day. The bags were then delivered to Durand Fresh Market to be used for bagging groceries. The group was so creative! We also signed Thank You cards for community organizations that donated to the Parent Leader Federation. Afterwards we enjoyed a healthy snack of yogurt and granola parfaits.









4-H

CAMP KINNISSIPPEWA

SAVE THE DATE!

 **Location:** YMCA Camp Pepin
Stockholm, WI

 **Date:** June 5-7, 2024

 **Who:** 3RD - 8TH Grade 4-H Youth

 **JOIN US!**



REGISTER FOR THIS
EVENT VIA
[4HONLINE](#)



BUILDING FRIENDSHIPS!



EXPLORING & FUN!



Wildlife & Woods

Register via 4-H Online
wi.4honline.com

CAREERS & COMPETITION VIRTUAL SERIES



MAY 27, 2024

Wildlife & Woods

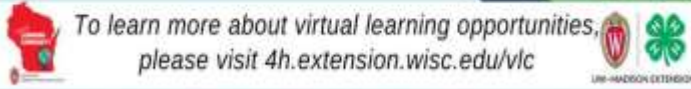
Register via 4-H Online
wi.4honline.com

EXPLORATIONS VIRTUAL SERIES FOR YOUTH GRADES K-5

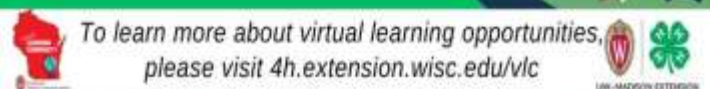


MAY 22, 2024

To learn more about virtual learning opportunities, please visit 4h.extension.wisc.edu/vlc



To learn more about virtual learning opportunities, please visit 4h.extension.wisc.edu/vlc



Registration Opens in March On 4HOnline

STEAM DISCOVERY DAYS MONDOVI



JOIN US AND COME CREATE HANDS-ON STEAM PROJECTS WITH FRIENDS ENTERING K-6 GRADES!

DATE: JULY 10 AND 17, 2024
TIME: 9AM - 3PM
LOCATION: MIRROR LAKE PARK
BRING A COLD PEANUT FREE LUNCH!

Admission **\$20**

- ✓ Early drop off and late pickup
- ✓ Science
- ✓ Technology
- ✓ Art
- ✓ Math
- ✓ and so much more!

STEAM Discovery Days - Mondovi Mirror Lake Park
656 N Eau Claire St, Mondovi, WI 54755

More Information Contact annie.lisowski@wisc.edu (608) 685 6253

Registration Opens in March on 4HOnline

STEAM DISCOVERY DAYS C-FC



JOIN US AND COME CREATE HANDS-ON STEAM PROJECTS WITH FRIENDS ENTERING K-6 GRADES!

DATE: JULY 8 AND 15, 2024
TIME: 9AM - 3PM
LOCATION: C-FC SCHOOL
BRING A COLD PEANUT FREE LUNCH

Admission **\$20**

- ✓ Early drop off and late pickup
- ✓ Science
- ✓ Technology
- ✓ Art
- ✓ Math
- ✓ and so much more!

STEAM Discovery Days - C-FC
S2770 State Hwy 35, Fountain City, WI 54629

More Information Contact annie.lisowski@wisc.edu (608) 685 6253

Summer Academy Experience

Join us on the UW-Madison Campus for the new Summer Academy, **June 24-27, 2024**. This new Positive Youth Development program will help you discover pathways to your future. Signup to learn what it takes to have a career, or a hobby in several SPARK areas including agriculture, STEM, service, leadership, arts, trades, and many more. There will be fun opportunities to build networks and friendships with folks from all over the state of WI.



Youth currently in grades 8-11 will be able to register for Summer Academy when registration is open on March 1. The registration will be done in **4HOnline**. You can find the registration by going to your youth's profile and clicking on the events tab in 4HOnline. The event will be called "Summer Academy".

Check out the [Summer Academy webpage](#) for more details.

WI 4-H AREA ANIMAL SCIENCE DAYS

Save the Dates

**SHAWANO COUNTY
JUNE 18TH**

**GREEN COUNTY
JUNE 20TH**



Save
the
Date for
2024

Registration
information
available
early May.



**WATCH INBOXES AND SOCIAL MEDIA FOR
FUTURE REGISTRATION INFORMATION**

THIS YEAR'S THEME:
THE TRADITION LIVES ON
150 YEARS STRONG



FAIRBOOKS

Available At:

<https://www.buffalopepincountyfair.com/exhibitor-info/premium-books>

Fair Entry Dates

May 5 thru June 5, 2024

Give yourself time to make revisions if needed ! Entries for the 2024 Fair are made by exhibitor since the close of the 2023 Fair.

FairEntry Link –
<https://buffaloco.fairentry.com/Fair/SignIn/19645>

2024 Pre-Fair Events

Foods Revue
June 19 - Roger Marten Center

Clothing Revue
July 17 - Roger Marten Center

Horse Show
July 20 - Midnight Riders Arena

Cats, Small Animals, Exotics
& Dog Shows
July 27 - Buffalo County Fairgrounds



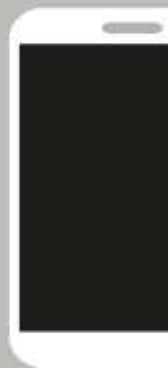
Buffalo County Fair Contact Info!

Phone Number
(608)863-0381

E-mail
buffalocountyfair@gmail.com

Mailing Address
PO Box 152, Mondovi, WI 54755

Website
www.buffalopepincountyfair.com



JUDGING SCHEDULE *is live!*



www.buffalopepincountyfair.com



4-H Online
Animal
Information
Identification

05/01/2024

4-H Animal Exhibitors:

All animal information must be entered
into 4-H Online by May 1

4-H Exhibitors:
All animal information must be entered into 4-H Online by May 1st of the exhibit year. If you are planning to exhibit an animal (all species) at the Buffalo County Fair in affiliation with Pepin County, the animal information must be entered into 4-H Online.

REGISTER NOW FOR 2024 YQCA TRAINING

According to the Buffalo County Fair in affiliation with Pepin County Junior Fair Rules: All Dairy, Beef, Sheep, Swine, Goat, Poultry & Rabbit exhibitors must complete the Youth for the Quality Care of Animals (YQCA) training each year to be eligible to exhibit their animal(s) at the Buffalo County Fair.

Must be completed by July 1st.

More information regarding YQCA trainings and instructions for registration are available [here](#).

Meat Animal Educational Credit

All meat animal exhibitors planning to exhibit at the Buffalo County Fair in affiliation with Pepin County, must earn one meat animal educational credit in addition to the YQCA training during the project year. Following the session, exhibitors must complete the Meat Animal **Educational Credit online form**. The Meat Animal Educational Credit form submission is due by the Friday before the Fair begins. Check out the **Rules & Forms** under Exhibitor Info on the **Buffalo County Fair website**.

DATCP (The Department of Agriculture, Trade and Consumer Protection) sees cases of Equine Herpes Myeloencephalopathy reported in Wisconsin counties: Clark, Grant, Monroe, Sauk, and Vernon. Here is the press release from DATCP:

<https://content.govdelivery.com/accounts/WIDATCP/bulletins/39405e8>

Virus information: https://datcp.wi.gov/Pages/Programs_Services/EquineHerpesvirus.aspx

If members have questions about this virus and their horses, they should contact their local vet for the best advice for their animals.



YOUTH MENTAL HEALTH FIRST AID

for the rural community and those who serve them

LEARN HOW TO SUPPORT THE YOUNG PEOPLE IN YOUR LIFE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying

UPCOMING VIRTUAL TRAININGS:

First Aiders will complete a 2-hour, self-paced online class, and then participate in an instructor-led Zoom Meeting. Limited to 30 adults.

All trainings start at 9:00am and end at 3:00 PM

- Friday, May 24th
- Thursday, June 13th
- Friday, July 26th



Register online at: <https://go.wisc.edu/9dsa65>

Please contact jenniferpark@wisc.edu for questions



Trainings are offered the Great Lakes Rural Opioid Technical Assistance Regional Center (ROTA-RC) and is funded by SAMHSA to develop and disseminate training and technical assistance addressing opioid and stimulant use affecting rural communities in IL, IN, MI, MN, OH, and WI. An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements



LEARN HOW TO SUPPORT YOUR FRIENDS, FAMILY AND NEIGHBORS

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults

You'll build skills and confidence you need to reach out and provide initial support to those who are struggling. You'll also learn how to help connect them to appropriate support.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a person in crisis
- Know how to connect a person with help
- Use self-care tools and techniques.

UPCOMING VIRTUAL TRAININGS:

First Aiders will complete a 2-hour, self-paced online class, and then participate in a 6.5-hour, Instructor-led Zoom Meeting either all in one day or split into 2 days. Limited to 30 adults.

1 day trainings start at 9am and end at 3:30pm

- May 17th 9AM-3:30PM
- July 17th 9AM-3:30PM

2 day trainings start at 12:30 & end at 3:30PM

- July 9th & 10th 12:30-3:30 PM
- July 23rd and 24th 12:30-3:30 PM

Register online at:

<https://go.wisc.edu/9dsa65>



Please contact jenniferpark@wisc.edu for questions



Trainings are offered the Great Lakes Rural Opioid Technical Assistance Regional Center (ROTA-RC) and is funded by SAMHSA to develop and disseminate training and technical assistance addressing opioid and stimulant use affecting rural communities in IL, IN, MI, MN, OH, and WI. An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements



Youth who join 4-H are often excited about the many, many projects they can choose to explore. There are so many Sparks (or things they want to learn about)! Yet, if their Spark doesn't have a local project leader to support their learning, that excitement can turn to questions. They may not know how to get started on their own. Clover to the rescue!! Clover is an online smorgasbord of sparks, interactive activities, and fun. It was created by the National 4-H Council in collaboration with more than 100 universities throughout the United States. And it's FREE and ready for youth, parents, and educators to dive into. **Go to 4-h.org/clover**

Explore fun, educational activities and learning experiences for kids and teens to do at home.

Check out the resources found at the National 4-H Site at

<https://4-h.org/about/4-h-at-home/>



Check Out These Event Calendars

The calendars below show events available in surrounding areas and statewide. To filter by county or event type, use the check boxes on the left to narrow the results.

* To find 4-H specific events see this site

<https://4h.extension.wisc.edu/opportunities/calendar/>

* To find workshops, classes and other events hosted by University of Wisconsin-Extension see this site:

<https://extension.wisc.edu/events/>

Badger Talks is pleased to present a LIVE series of talks on topics that intend to inspire, delight, and pleasantly distract in a time we are all needing positive experiences. Tune in to hear experts on a variety of interesting and engaging topics. For more information see:

<https://badgertalks.wisc.edu/badger-talks-live/>



Join the Biotechnology Center every Wednesday night for Wednesday Nite @ The Lab! Each week features a speaker teaching about different science topics. These talks are available statewide and will be held on Zoom for the foreseeable future. Come join us!

See <https://science.wisc.edu/wednesday-nite-at-the-lab/> for the schedule of topics and registration links.



Activity Page

