



June, 2024

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#### **Extension Pepin County Staff**

**Extension Pepin County conducts** educational programs and provides educational information in 4-H youth development, family living education and agriculture.

#### Vacant

4-H Youth Development and Community Youth Development E-mail:

#### Mary C. Wood

Family Living Educator F-mail: mary.campbellwood@wisc.edu

April Duval FoodWse Coordinator E-mail: april.duval@wisc.edu

### **Gwen Prom**

Administrative Specialist E-mail: gwen.prom@wisc.edu

#### Meg Ruff

Program Assistant E-mail: meg.ruff@wisc.edu

#### Address:

740 7th Avenue West PO Box 39 Durand, WI 54736

Phone: 715-672-5214

**Extension Pepin County website:** 

http://pepin.extension.edu/

4-H Online:

http://wi.4honline.com/



Every month we will hide a special symbol somewhere in that month's Pacer. If you are the first person to call (715) 672-5214 or email (gwen.prom@wisc.edu) the Extension Pepin County and tell us where that symbol is found you will win \$5 and be named in next month's Pepin Pacer as the "4-H Fast Finder".

Good Luck Hunting!

This is this month's symbol:

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### Chippewa 4-H Club Typically meets 2nd Sunday of month.

Contact Nicki Moline @ 715-442-5371



### Lima Lads & Lassies 4-H Club Typically meets 3rd Sunday of month. 11:00 a.m., Durand City Hall Contact Wendy Brantner @ 715-495-4472

### Yes, 4-H and Extension is open...to ALL people.

The University of Wisconsin-Madison Division of Extension non-discrimination policy is: Extension does not discriminate in the treatment of individuals in the admission or access to its programs and activities, in the provision of services, or services, or in employment.

Further, Extension will not participate with organizations or in activities which discriminate on the basis of any of the legally prohibited categories of discrimination, which are: race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status arrest or conviction record, or membership in the national guard, state defense force, or any other reserve component of the military service. Consistent with the Americans with Disabilities Act, persons who need materials in alternative format or other accommodations should write or call the Extension Office. Individuals who need TTY access should call 1-800-947-3529.



### **Enroll As An Adult Volunteer**

Adult Volunteers including activity leaders, project leaders, and anyone else who may lead something even at the club level must be enrolled. For the safety and insurance coverage, please enroll.



4-H Fast Finder for the Month:

### NO ONE RESPONDED

Congratulations for being our 4-H Fast Finder this month! We hope you enjoy the Pepin Pacer!

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### Interim 4-H Program Educator

Gwen Prom has accepted an interim position with UW-Madison Extension to help bridge the gap until a Pepin County 4-H Program Educator is found. Please contact her with questions/problems regarding the 4-H Program.

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715-672-5214 / 715-279-0247

gwen.prom@wisc.edu

Pepin County 4-H Parent/ Leader Federation Meeting June 13, 2024 @ 5:30 pm Government Center, Board Rm #108, Durand

ALL Pepin County 4-H Parents, Leaders, and Youth Leaders you are welcome to attend the Parent/Leaders Federation Meetings. Take part in determining how the money raised is spent and what activities Pepin County 4-Hers will participate in. Your voice will be heard.





# 4-H Program Educator Pepin County



- Part or Full Time: 70% 100%
- Application Deadline: June 6, 2024
- Learn more at https://go.wisc.edu/be2x08



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### Congratulations 2024 Senior! Isabella Wayne

Parents: Chelsa and Marty Wayne

Graduated from: Durand - Arkansaw High School

Years in 4-H: 11 year member of Lima Lads and Lassies 4-H
Club

Future Plans: Attend CVTC majoring in Diagnostic Medical Sonography

Most memorable 4-H experience: Taking project to the Pepin Co Fair, bouncing in the bounce house and Ag Olympics.

Isabella also was the recipient of the 2024
Pepin County 4-H Leaders Federation Scholarship.

The Chippewa Club assisted with the Memorial Day services at the Oakland Cemetery in Stockholm. Club members recited the Pledge of Allegiance, read poems and shared readings related to Memorial Day. We also had some special music was played by club members. After all of the names of the service men and women were read, flowers were placed on the grave stones. We appreciate that we are able to participate in this event and show our respect for those that served and died for our freedom.



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Buffalo County (wisc.edu)

Register for STEAM Discovery Days Here: Event (4honline.com)

Date: July 8th and 15th, 2024

Time: 9 AM-3 PM Location: C-FC School sion Buffalo County (wisc.edu)

Register for STEAM Discovery Days -Mondovi here: Event (4honline.com)

Date: July 10th and July 17th, 2024

Time: 9 AM - 3 PM Location: Mirror Lake Park



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THIS YEAR'S THEME:

### THE TRADITION LIVES ON 150 YEARS STRONG



### **FAIRBOOKS**

**Available At:** 

https://www.buffalopepincoun tyfair.com/exhibitorinfo/premium-books

### Fair Entry Dates Before June 5, 2024

Give yourself time to make revisions if needed! Entries for the 2024 Fair are made by exhibitor since the close of the 2023 Fair.

FairEntry Link – <a href="https://buffaloco.fairentry.com/">https://buffaloco.fairentry.com/<a href="https://buffaloco.fairentry.com/">Fair/SignIn/19645</a>

2024 Pre-Fair Events

Foods Revue June 19 - Roger Marten Center

Clothing Revue July 17 - Roger Marten Center

Horse Show July 20 - Midnight Riders Arena

Cats, Small Animals, Exotics & Dog Shows July 27 - Buffalo County Fairgrounds

### Buffalo County Fair Contact Info!

Phone Number (608)863-0381

E-mail

buffalocountyfair@gmail.com

Mailing / ddiress PO Box 152, Mondovi, WI 54755

AVebsite

www.buffalopepincountyfair.com

### JUDGING SCHEDULE is live!



www.buffalopepincountyfair.com



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### **REGISTER NOW FOR 2024 YQCA TRAINING**

According to the Buffalo County Fair in affiliation with Pepin County Junior Fair Rules: All Dairy, Beef, Sheep, Swine, Goat, Poultry & Rabbit exhibitors must complete the Youth for the Quality Care of Animals (YQCA) training each year to be eligible to exhibit their animal(s) at the Buffalo County Fair.

Must be completed by July 1st.

More information regarding YQCA trainings and instructions for registration are available <u>here</u>.

### **Meat Animal Educational Credit**

All meat animal exhibitors planning to exhibit at the Buffalo County Fair in affiliation with Pepin County, must earn one meat animal educational credit in addition to the YQCA training during the project year. Following the session, exhibitors must complete the Meat Animal Educational Credit online form. The Meat Animal Educational Credit form submission is due by the Friday before the Fair begins. Check out the Rules & Forms under Exhibitor Info on the Buffalo County Fair website.





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# 4-H HORSE PROJECT GYMKHANA CLINIC SAVE THE DATE

20 June, 2024 | 6 PM - 8 PM

**Midnight Riders Arena** 

All skill levels are welcome and should be ready to ride at 6 PM.

This event will count towards the project participation points county learning credits!





Register Here: https://forms.gle/V6o3rdygu5Cw33YT8

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### 4-H HORSE SHOW

Save The Date!

Date: 07.20.24

Time: 9.00 AM

Location: Midnight

Riders Arena

DATCP (The Department of Agriculture, Trade and Consumer Protection) sees cases of Equine Herpes Myeloencephalopthy reported in Wisconsin counties: Clark, Grant, Monroe, Sauk, and Vernon. Here is the press release from DATCP:

https://content.govdelivery.com/accounts/WIDATCP/bulletins/39405e8

Virus information: <a href="https://datcp.wi.gov/Pages/Programs">https://datcp.wi.gov/Pages/Programs</a> Services/
EquineHerpesvirus.aspx

If members have questions about this virus and their horses, they should contact their local vet for the best advice for their animals.

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### 2024 Buffalo County Fair Judging Schedule

### Pre-Fair Events

Wednesday June 19 - 6:00pm Foods Revue (Roger Marten Center)

Wednesday July 17 - 6:00pm Clothing Revue (Roger Marten Center)

Saturday July 20 - 9:00am Equine show (Midnight Riders Show Arena)

Saturday July 27 - 11:00am Cat Show (Buffalo County Fairgrounds // Crops Building)

Saturday July 27 - 12:00pm Small Animals (Buffalo County Fairgrounds // Crops Building)

Saturday July 27 - 1:00pm Exotics (Buffalo County Fairgrounds // Dairy Barn)

Saturday July 27 - 2:00pm Dog Show (Buffalo County Fairgrounds // Show Arena)

### Wednesday, July 31, 2024

6:00 - 8:00pm Poultry Pullorum Testing (Football field parking lot)

### Thursday Aug 1, 2024

9:00am Cloverbud (Red Activity Building)

2:00pm Poultry (Poultry Barn)

5:00pm Flowers and Houseplants (Crops Building)

5:00pm Plant and Soil Science // Crops (Crops Building)

5:00pm Plant and Soil Science // Garden (Crops Building)

5:00pm Natural Science (Crops Building)

5:00pm Swine (Show Arena)

5:00pm Clothing (Youth Building)

5:00pm Animal Science (Crops Building)

5:00pm Woodworking and Electricity (Crops Building)

#### Friday August 2, 2024

9:00am Beef (Show Arena)

9:00am Rabbits (Poultry Barn)

9:00am Family Living & Child Development (Youth Building)

9:00am Knitting and Crocheting (Youth Building)

9:00am Photography (Youth Building)

9:00am Mechanical Science (Crops Building)

9:00am Cultural Arts (Youth Building)

9:00am Communications (Youth Building)

9:00am Health, Social and Political Science (Youth Building)

9:00am Youth Leadership (Youth Building)

9:00am Foods and Nutrition (Youth Building)

9:00am Booths (Crops Building)

9:00am Computer (Youth Building)

9:00am Home Environments (Youth Building)

12:30pm Meat Goats and Dairy Goats (Show Arena)

1:00pm Sheep (Show Arena)

### Saturday August 3, 2024

9:00am Dairy (Show Arena)

### Post-Fair Events

Tuesday, August 6 - 9:00am Carcass Judging (Gunderson Food Service)

Wednesday, August 7 - 7:00pm Carcass Show (Gunderson Food Service)

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# Lima Lads and Lassies 4-H Club June Meeting



On Sunday our club had a lucky break with no rain that we were able to do some yard work at The Homeplace Assisted Living facility in Durand. The front of the building needed a little cleaning also, so Corey took care of that with a pressure washer. As we weeded the area around the building many of the residents opened their windows to chit chat or thank us for all our hard work. Vicky, the director of The Homeplace, also treated the kids to ice cream sandwiches when we were done.

With that community service complete we headed back to the city hall total on our second task of the day. The Pepin County Dairy Breakfast is coming up on Saturday and our club volunteered to fill the bags that will be handed out to the kids during the breakfast. All the loot was lined up on tables and so we just had to grab a bag, go around the table and put in 1 of each item to the bag. With so much help it didn't take long to fill 250 bags.

Our meeting concluded with a short discussion of who can help at the dairy breakfast handing out the bags and monitoring the kid games, who can walk through the Funfest parade adding out cheese sticks for the Pepin County Dairy Promotion Council and making sure everyone was signed up for fair projects.









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### Pee Wee Livestock Show.

Animals that can be exhibited are dairy, beef, sheep and goats.

Show time: 2:00

Registration begins at 1:00 the day of the show.

### Rules:

- Exhibitors must be in 2<sup>nd</sup> grade or younger, not yet eligible to show in 4-H.
- Proper show attire boots or tennis shoes are required
- Calves must be born after March 1st, 2023.
- No clipping necessary the animal must be washed and clean.
- The animal must be in good health and abide by fair rules.
- Animals cannot arrive before Sunday, unless they are shown by a 4H/FFA member.



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### 2024 Pepin County Town & Country Dairy Breakfast- Koller Farms

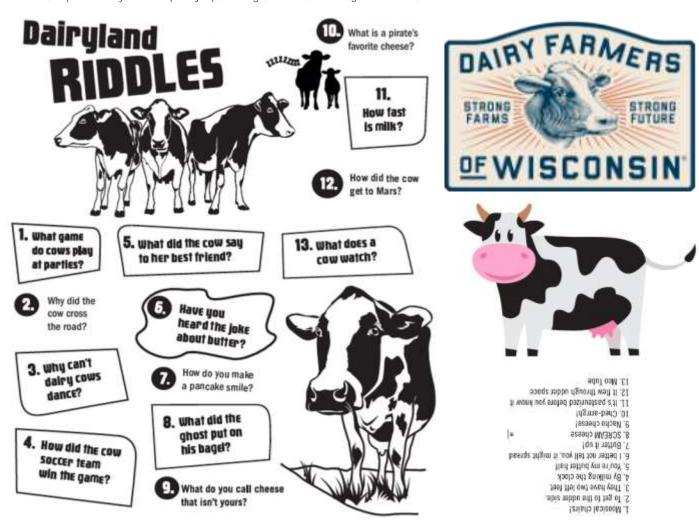


Saturday, June 8, 2024 @ 6:30 am—11:00 am

E7794 WIS-85 Mondovi, WI 54755

On the farm dairy breakfast at Koller Farms.

Pancakes, Pepin County Real Maple Syrup, Sausage, Cheese, Pudding, Ice Cream, Juice & Milk.



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## YOUTH MENTAL HEALTH FIRST AID

for the rural community and those who serve them

### LEARN HOW TO SUPPORT THE YOUNG PEOPLE IN YOUR LIFE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

### AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- · Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying

### UPCOMING VIRTUAL TRAININGS:

First Aiders will complete a 2-hour, self-paced online class, and then participate in an instructor-led Zoom Meeting. Limited to 30 adults.

Please contact jenniferpark@wisc.edu for questions All trainings start at 9:00am and end at 3:00 PM

- Friday, May 24<sup>th</sup>
- Thursday, June 13th
- Friday, July 26th

Register online at: https://go.wisc.edu/9dsa65







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### LEARN HOW TO SUPPORT YOUR FRIENDS, FAMILY AND NEIGHBORS

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults

You'll build skills and confidence you need to reach out and provide initial support to those who are struggling. You'll also learn how to help connect them to appropriate support.

### AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a person in crisis
- Know how to connect a person with help
- Use self-care tools and techniques.

### UPCOMING VIRTUAL TRAININGS:

First Aiders will complete a 2-hour, self-paced online class, and then participate in a 6.5-hour, Instructor-led Zoom Meeting either all in one day or split into 2 days. Limited to 30 adults.

1 day trainings start at 9am and end at 3:30pm

- May 17th 9AM-3:30PM
- July 17<sup>th</sup> 9AM-3:30PM
- 2 day trainings start at 12:30 & end at 3:30PM
- July 9th & 10th 12:30-3:30 PM
- July 23<sup>rd</sup> and 24<sup>th</sup> 12:30-3:30 PM

Please contact jenniferpark@wisc.edu for questions

Register online at: https://go.wisc.edu/9dsa65







Trainings are offered the Great Lakes Rural Opioid Technical Assistance Regional Center (ROTA-RC) and is funded by SAMHSA to develop and disseminate training and technical assistance addressing opioid and stimulant use affecting rural communities in II, IN, MI, MN, OH, and WI. An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements

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Youth who join 4-H are often excited about the many, many projects they can choose to explore.

There are so many Sparks (or things they want to There are so many Sparks (or things they want to learn about)! Yet, if their Spark doesn't have a

local project leader to support their learning, that excitement can turn to questions. They may not know how to get started on their own. Clover to the rescue!! Clover is an online smorgasbord of sparks, interactive activities, and fun. It was created by the National 4-H Council in collaboration with more than 100 universities throughout the United States. And it's FREE and ready for youth, parents, and educators to dive into. Go to 4-h.org/clover

Explore fun, educational activities and learning experiences for kids and teens to do at home. Check out the resources found at the National 4-H Site at



https://4-h.org/about/4-h-at-home/

### **Check Out These Event Calendars**

The calendars below show events available in surrounding areas and statewide. To filter by county or event type, use the check boxes on the left to narrow the results.

\* To find 4-H specific events see this site https://4h.extension.wisc.edu/opportunities/calendar/

\* To find workshops, classes and other events hosted by University of Wisconsin-Extension see this site:

https://extension.wisc.edu/events/

Badger Talks is pleased to present a LIVE series of talks on topics that intend to inspire, delight, and pleasantly distract in a time we are all needing positive experiences. Tune in to hear experts on a variety of **BADGER** interesting and engaging topics. For more information see:



https://badgertalks.wisc.edu/badger-talks-live/



Join the Biotechnology Center every Wednesday night for Wednesday Nite @ The Lab! Each week features a speaker teaching about different science topics. These talks are available statewide and will be held on Zoom for the foreseeable future. Come join us!

See https://science.wisc.edu/wednesday-nite-at-the-lab/ for the schedule of topics and registration links.

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